

## Qualifications

Bachelor (Honours), Exploring the attitudes, experiences and knowledge of practice nurses when caring for adults with sleep disorders in Australia., Flinders University  
Award Date: 15 Dec 2020

Bachelor, Nursing, University of South Australia  
Award Date: 1 Dec 1996

## Research outputs

### **Diagnosis and management of sleep disorders in shift workers, with patient informed solutions to improve health services research and practice**

Reynolds, A. C., Loffler, K. A., Grivell, N., Brown, B. WJ. & Adams, R. J., Jan 2024, In: *Sleep Medicine*. 113, p. 131-141 11 p.

### **Barriers and facilitators for the implementation of nurse-delivered chronic disease management within general practice: a mixed methods systematic review protocol**

Grivell, N., Brown, B., Fuller, J., Chai-Coetzer, C. L., McEvoy, R. D. & Hoon, E., Feb 2023, In: *JB1 evidence synthesis*. 21, 2, p. 414-422 9 p.

### **Sleep Medicine in Australia**

Grivell, N., Sweetman, A., Lovato, N., Vakulin, A. & Coetzer, C. L. C., 2023, *The Practice of Sleep Medicine Around The World: Challenges, Knowledge Gaps and Unique Needs*. Attarian, H. P., Coussa-Koniski, M-L. M. & Sabri, A. M. (eds.). Singapore: Bentham Science Publishers Ltd., p. 49-66 18 p.

### **Comorbidities and quality of life in Australian men and women with diagnosed and undiagnosed high-risk obstructive sleep apnea**

Krishnan, S., Chai-Coetzer, C. L., Grivell, N., Lovato, N., Mukherjee, S., Vakulin, A., Adams, R. J. & Appleton, S. L., 1 Jul 2022, In: *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*. 18, 7, p. 1757-1767 11 p.

### **Assessment, referral and management of obstructive sleep apnea by Australian general practitioners: a qualitative analysis**

Grivell, N., Haycock, J., Redman, A., Vakulin, A., Zwar, N., Stocks, N., Frank, O., Reed, R., Chai-Coetzer, C. L., Grunstein, R. R., McEvoy, R. D. & Hoon, E., 18 Nov 2021, In: *BMC Health Services Research*. 21, 1, 1248.

### **Primary care management of chronic insomnia: a qualitative analysis of the attitudes and experiences of Australian general practitioners**

Haycock, J., Grivell, N., Redman, A., Saini, B., Vakulin, A., Lack, L., Lovato, N., Sweetman, A., Zwar, N., Stocks, N., Frank, O., Mukherjee, S., Adams, R., McEvoy, R. D. & Hoon, E., 22 Jul 2021, In: *BMC Family Practice*. 22, 11 p., 158.

### **A step-by-step model for a brief behavioural treatment for insomnia in Australian general practice**

Sweetman, A., Zwar, N. A., Grivell, N., Lovato, N. & Lack, L., May 2021, In: *Australian Journal of General Practice*. 50, 5, p. 287-293 7 p.

### **What is a Clinically Meaningful Target for Positive Airway Pressure Adherence?**

Oh, A., Grivell, N. & Chai-Coetzer, C. L., Mar 2021, In: *Sleep Medicine Clinics*. 16, 1, p. 1-10 10 p.

### **An Interpretive Description of the Knowledge, Attitudes and Experiences of Family Practice Nurses Towards Sleep Health Care Within Australia**

Grivell, N., Feo, R., Vakulin, A., Hoon, E. A., Zwar, N., Stocks, N., Adams, R., McEvoy, R. D. & Chai-Coetzer, C. L., 2020, In: *American Journal of Respiratory and Critical Care Medicine*. 201, 2 p., A4631.

### **A scoping review of approaches used to educate primary care providers to manage sleep disorders**

King, S., Grivell, N., Chai-Coetzer, C. L., Mukherjee, S., Lack, L., McEvoy, D., Stocks, N., Zwar, N. & Schuwirth, L., 3 Oct 2019, In: *Journal of Sleep Research*. 28, S1, p. 58-58 1 p., P130.

**Sleep health management within primary care: Knowledge, experiences and attitudes of Australian general practice nurses**

Grivell, N., Rosamaria Feo, R., Vakulin, A., Hoon, E., Zwar, N., Stocks, N., Adams, R., McEvoy, D. & Chai-Coetzer, C., 3 Oct 2019, p. 58-59. 2 p.

## **Prizes**

**Abstract Scholarship**

Grivell, Nicole (Recipient), 2020

**Abstract Scholarship**

Grivell, Nicole (Recipient), 2018

**Flinders University Research Scholarship**

Grivell, Nicole (Recipient), 2019

**Nick Antic Sleep Research PhD Scholarship**

Grivell, Nicole (Recipient), 2019

**Poster Discussion Prize - Australasian Sleep Association**

Grivell, Nicole (Recipient), 31 Oct 2019

## **Activities**

**"Insomnia management within Australian general practice: current experiences, knowledge and interest of general practitioners and practice nurses"**

Nicole Grivell (Speaker)

2021

**Australasian Sleep Association SleepWeek 2020**

Nicole Grivell (Participant)

22 Oct 2020

**Australasian Sleep Association (External organisation)**

Nicole Grivell (Member)

2020 → ...

**Australasian Sleep Association (External organisation)**

Nicole Grivell (Chair)

2019 → ...

**Australasian Sleep Association (External organisation)**

Nicole Grivell (Member)

2018 → ...

## **Employment**

**Casual Professional**

College of Medicine and Public Health

Flinders University

27 Feb 2023 → 31 Dec 2099

**Casual Professional**

College of Medicine and Public Health  
Flinders University  
22 Jun 2021 → 31 Dec 2099

**Research Nurse**

College of Medicine and Public Health  
Flinders University  
29 Nov 2019 → 31 Dec 2099

**Ph.D., Sleep medicine education research**

College of Medicine and Public Health  
Flinders University  
30 Jun 2020 → present