

Noemi Tari-Keresztes  
Full Member  
Flinders Health and Medical Research Institute



## Research Biography

Dr Noemi Tari-Keresztes completed her master's degree in sociology through the University of Szeged Hungary (2004) and her PhD degree in psychology from the Semmelweis University, Budapest, Hungary (2009). She also holds a Williams Life Skills (WLS) Facilitator (2006) certificate and participated in short courses such as Trauma Informed Care (AMSANT), Suicide prevention (Wesley Lifeforce), Cultural Awareness (Menzies School of Health Research), and Healing Trauma and Addiction (Wholehearted/Dr Gabor Mate).

Currently, she is a Research Fellow (Lived Experience) at Flinders University, Rural and Remote Health – NT, College of Medicine & Public Health. Previously, she was a Research Fellow at Menzies School of Health Research (Menzies), Alcohol, Other Drugs and Gambling (AODG). Prior to this role, she was a Research Support Officer II. at the Centre for Resilience and Socio-Emotional Health at the University of Malta and a Research Support Officer I. at the Islands and Small States Institute at the University of Malta. Her previous working history also includes posts as (1) assistant professor at the Institute of Physical Education and Sport Sciences (University of Szeged, Hungary), (2) visiting researcher at the Centre for Social Research in Health (UNSW, Sydney, Australia), and (3) postdoctoral research fellow at the Institute of Physical Education and Sport Sciences (University of Szeged, Hungary). She voluntarily contributed her time as a PhD supervisor at the University of Pecs, Hungary, and she was an examiner for master's theses at Charles Darwin University (CDU).

She gained most of her experience in quantitative studies, where she was responsible for project and data management including data collection, coding, cleaning, statistical analysis, publication, and knowledge translation. In the last couple of years, Noemi has expanded her experience in qualitative research methods, so she became experienced enough to apply mixed methodology in her studies. She has contributed to multiple Australian Government, Primary Health Network (PHN), Non-Government Organisation (NGO) and National Disability Insurance Scheme (NDIS) funded socio-emotional wellbeing (SEWB) research and evaluation projects that extend into areas relating to community mental health, peer education, peer recovery, alcohol and other drug use, gambling, education, workforce capacity building, and other Indigenous-focused research contexts. She has been listed as a Co-Investigator on several research projects, amounting to nearly \$2 Million. The outcomes of her research contributed to the AODG team being awarded a 2019 National AOD Award for Excellence and Innovation (Research) by the Alcohol and Drug Foundation. These have all been focused on improving the health outcomes of highly vulnerable populations. Recently, she was successful in securing research funding from the Alcohol and Drug Foundation, Menzies School of Health Research and the National Critical Care and Trauma Response Centre. Over the past years, Noemi has been awarded multiple grants and awards like Scholarship of Republic (Hungary), Hungarian Academy of Sciences Award, Balassi Tutorial Fellowship, Hungarian Sport Science Association Publication Award, Magyar Zoltán Postdoctoral Fellowship, Campus Hungary Long-term Mobility Fellowship and several travel grants and conference awards. She has published several papers in international and Hungarian journals, international and Hungarian academic book chapters, books and serves as an ad hoc reviewer for international and Hungarian journals. She has been recently invited as a Review Editor on the Editorial Board of Public Mental Health (specialty section of Frontiers in Public Health, Frontiers in Psychiatry and Frontiers in Sociology).

## Qualifications

PhD, Psychology, Semmelweis University, Hungary  
Award Date: 7 Nov 2009

Master, Sociology, University of Szeged  
Award Date: 11 Jun 2004

## Employment

### Full Member

Flinders Health and Medical Research Institute  
Flinders University  
11 Apr 2022 → present

### Research Fellow

Charles Darwin University  
Casuarina, Australia  
1 May 2019 → 1 Feb 2022

**Research Support Officer I (part-time)**

University of Malta

Msida, Malta

1 Jan 2018 → 1 Jan 2019

**Research Support Officer II (part time)**

University of Malta

Msida, Malta

1 Jan 2018 → 1 Jan 2019

**PhD supervisor**

University of Pécs

Pécs, Hungary

1 Jan 2014 → present

**Postdoctoral Research Fellow**

University of Szeged

Szeged, Hungary

1 Jan 2013 → 1 Jan 2015

**Assistant Professor**

University of Szeged

Szeged, Hungary

1 Jan 2010 → 1 Jan 2016

**Part-time Lecturer**

University of Szeged

Szeged, Hungary

1 Jan 2005 → 1 Jan 2010

**Higher Degree Researcher (HDR)**

University of Szeged

Szeged, Hungary

1 Jan 2003 → 1 Jan 2004

**Honorary Fellow/Research team**

University of Szeged

Szeged, Hungary

1 Jan 2003 → present

**Research outputs****Key stakeholders' perspectives of illicit drug use and associated harms in the Northern Territory of Australia**

Brickley, B., Moore, S., Tari-Keresztes, N., Brand, A., Bower, M., Bonson, J. G., McEntee, A., Bartram, A. J., Bovopoulos, N., McPhie, S., Martin, C., Wright, C., Bowden, J. & Smith, J. A., 1 Dec 2024, In: Harm Reduction Journal. 21, 1, 18 p., 174.

**"It's [gambling] obviously not regulated that well": insights into Aboriginal peoples' views on gambling regulation in the Northern Territory of Australia**

Gupta, H., Tari-Keresztes, N., Aanundsen, D. & Smith, J. A., 1 Oct 2024, (E-pub ahead of print) In: Journal of Public Health (Germany). 14 p.

**Conflict management in Physical Education: The critical role of team-based activities in physical education to improve cooperation and wellbeing**

Dely-Palinkas, A., Tari-Keresztes, N. & Gupta, H., Nov 2023, In: International Journal of Emotional Education. 15, 2, p. 164-168 5 p.

**The pilot and evaluation of 'Recovery Together' for the NDIS in Darwin, Katherine and Alice Springs and a stepped vocational pathway for peer work: Report prepared for the Northern Territory Primary Health Network**

Tari-Keresztes, N., Gupta, H., Armstrong, N., Endemann, S. A., Downes, J. & Smith, J. A., Oct 2023, Flinders University. 108 p.

**Evaluation of the Afterhours 'Recovery Together' program: Report prepared for the Northern Territory Primary Health Network**

Tari-Keresztes, N., Gupta, H., Armstrong, N., Smith, J. & Endemann, S. A., Jun 2023, Flinders University. 72 p.

**"You Don't Get That from Professionals": A Consumer-Led Peer Recovery Program for Families and Friends of Individuals with Alcohol and Other Drugs Use Issues in Darwin**

Tari-Keresztes, N., Armstrong, N., Smith, J. A., Gupta, H., Goding, S. & Endemann, S. A., 14 Apr 2023, In: International Journal of Environmental Research and Public Health. 20, 8, 12 p., 5514.

**Evaluation of the "Professionalising the NT Peer Workforce and expanding peer supports for Territorians who experience mental health challenges" project**

Tari-Keresztes, N., Smith, J. A., Gupta, H. & Aanundsen, D., Nov 2022, NT, Australia: UniPrint NT. 60 p.

**'Like a family in the end': Improving mental health Recovery skills through Peer-to-Peer communication in Darwin, Australia**

Tari-Keresztes, N., Girdler, X., Gupta, H., Clarke, B., Christie, B., A. Smith, J., Armstrong, N. & Harris, V., Nov 2022, In: Health and Social Care in The Community. 30, 6, p. e5336-e5345 10 p.

**Supporting family members' and friends' individual recovery with a locally co-designed peer-led recovery program in Darwin**

Tari-Keresztes, N., Armstrong, N., Smith, J. A., Gupta, H., Goding, S., Endermann, S.-A. & Mulholland, K., Oct 2022, Darwin, Northern Territory: Flinders University. 67 p.

**Drink and drug driving education in the Northern Territory: a qualitative study illustrating issues of access and inequity**

Wright, C. J. C., Miller, M., Wallace, T., Clifford, S., Black, O., Tari-Keresztes, N. & Smith, J., Aug 2022, In: Australian and New Zealand Journal of Public Health. 46, 4, p. 450-454 5 p.

**Evaluation of the Two Ways Mentoring Program**

Tari-Keresztes, N., Gupta, H. & Smith, J., Jan 2022, Menzies School of Health Research. 62 p.

**A qualitative investigation of Aboriginal gambling behaviour, consequences, risk factors, and help-seeking in the Northern Territory. Northern Territory**

Gupta, H., Tari-Keresztes, N., Aanundsen, D. & Stevens, M., Aug 2021, Northern Territory: UniPrint NT. 90 p.

**Follow-up Evaluation of the Peer-Led Education Pilot in Darwin**

Tari-Keresztes, N., Smith, J. & Gupta, H., 2021, Brinkin, N.T.: UniPrint NT. 97 p.

**An exploratory study of Hungarian university students' sexual attitudes and behaviours**

Keresztes, N., Piko, B. F., Howard-Payne, L. & Gupta, H., Apr 2020, In: International Journal of Emotional Education. 12, 1, p. 83-87 5 p.

**A scoping review about social and emotional wellbeing programs and services targeting Aboriginal and Torres Strait Islander young people in Australia: understanding the principles guiding promising practice**

Gupta, H., Tari-Keresztes, N., Stephens, D., Smith, J. A., Sultan, E. & Lloyd, S., 2020, In: BMC Public Health. 20, 20 p., 1625.

Beyond Blue Be You Pilbara and Kimberley Project: Mid-Term Evaluation Report

Stephens, D., Merlino, A., Tari-Keresztes, N., Clifford, C., Vigona, J., Palmer, D., Caton-Graham, P., Mulholland, K., Smith, J., Collard, L. & Adams, M., 2020, Casuarina, NT: Menzies School of Health Research. 104 p.

Evaluation of a Peer-Led Education Pilot for people with psychosocial support needs in Darwin, Northern Territory

Tari-Keresztes, N., Christie, B., Gupta, H., Wallace, T., Stephens, D., Caton-Graham, P. & Smith, J. A., 2020, Brinkin, N.T.: UniPrint NT. 148 p.

Promising Practice Guide: Improve the social and emotional wellbeing of young Aboriginal and Torres Strait Islander people with severe and complex mental health needs

Smith, J., Christie, B., Tari-Keresztes, N., Gupta, H., Stephens, D., Wallace, T. & Caton-Graham, P., 2020, Parkville, VIC: Orygen. 21 p.

Final Report: Promising practice approaches to improve the social and emotional wellbeing of young Aboriginal & Torres Strait Islander people with severe and complex mental health needs

Smith, J. A., Christie, B., Tari-Keresztes, N., Gupta, H., Stephens, D., Wallace, T. & Caton-Graham, P., Dec 2019, Brinkin, N.T.: UniPrint NT. 76 p.

A Passage to Malta: The health and wellbeing of foreign children in Malta

Cefai, C., Keresztes, N., Galea, N. & Spiteri, R., 2019, Santa Lucija, Malta: Commissioners for Children, Malta. 248 p.

Does competitiveness count? The role of competitive attitudes in health risk and preventive health behaviours

Keresztes, N., Pikó, B. & Fülöp, M., 2015, In: European Journal of Mental Health. 10, 1, p. 44-61 18 p.

The Interacting Role of Physical Activity and Diet Control in Hungarian Adolescents' Substance Use and Psychological Health

Kovacs, E., Piko, B. F. & Keresztes, N., 2014, In: Substance Use and Misuse. 49, 10, p. 1278-1286 9 p.

Self-control, diet concerns and eater prototypes influence fatty foods consumption of adolescents in three countries

Gerrits, J. H., O'Hara, R. E., Piko, B. F., Gibbons, F. X., De Ridder, D. T. D., Keresztes, N., Kamble, S. V. & De Wit, J. B. F., Dec 2010, In: Health Education Research. 25, 6, p. 1031-1041 11 p.

Do high-and low-active adolescents have different prototypes of physically active peers?

Keresztes, N., Piko, B. F., Gibbons, F. X. & Spielberger, C. D., Jan 2009, In: Psychological Record. 59, 1, p. 39-52 14 p.

Sociodemographic and socioeconomic variations in leisure time physical activity in a sample of Hungarian youth

Piko, B. F. & Keresztes, N., Dec 2008, In: International Journal of Public Health. 53, 6, p. 306-310 5 p.

Táplálkozáskontroll középiskolások körében: Az étkezési magatartás társas összefüggéseinek nemek szerinti jellegzetességei

Pikó, B. & Keresztes, N., Jun 2008, In: Mentalhigiéné és Pszichoszomatika. 9, 2, p. 149-164 16 p.

Social influences in sports activity among adolescents

Keresztes, N., Piko, B. F., Pluhar, Z. F. & Page, R. M., 1 Jan 2008, In: Journal of the Royal Society For the Promotion of Health. 128, 1, p. 21-25 5 p.

Early adolescent girls' psychosocial health in the light of their sports activity behavior

Keresztes, N. & Piko, B. F., 2008, *Progress in Exercise and Women's Health Research*. Coulter, J. P. (ed.). New York: Nova Science Publishers, Inc., p. 255-269 15 p.

Self-perceived health among early adolescents: Role of psychosocial factors

Piko, B. F. & Keresztes, N., Oct 2007, In: PEDIATRICS INTERNATIONAL. 49, 5, p. 577-583 7 p.

Serdülők egészségmagatartása két szociális megküzdési (coping) mechanizmus tükrében  
Pikó, B. & Keresztes, N., Jun 2007, In: Magyar Pszichologiai Szemle. 62, 2, p. 203-214 12 p.

#### **The Role of Social Coping Mechanisms in Adolescent Health Behavior**

Piko, B. & Tari-Keresztes, N., 2007, *Focus on Adolescent Behavior Research*. Rhodes, T. C. (ed.). New York: Nova Science Publishers, Inc.

Pszichoszomatikus tünetképzés mint egészségindikátor a korai serdülőkorban: Magatartás-epidemiológiai elemzés  
Pikó, B. & Keresztes, N., 7 May 2006, In: Orvosi hetilap. 147, 18, p. 819-825 7 p.

Aggressive behavior and psychosocial health among children

Piko, B. F., Keresztes, N. & Pluhar, Z. F., Apr 2006, In: Personality and Individual Differences. 40, 5, p. 885-895 11 p.

Physical activity, psychosocial health, and life goals among youth

Piko, B. F. & Keresztes, N., Apr 2006, In: Journal of Community Health. 31, 2, p. 136-145 10 p.

### **Awards**

#### **Remote National Psychosocial Support (NPS)**

Armstrong, N. (Chief Investigator (Project Lead)), Tari-Keresztes, N. (Chief Investigator (Flinders Lead)), Gupta, H. (Chief Investigator) & Smith, J. (Chief Investigator)

31/05/24 → 30/06/25