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1 **Sediment mobilisation and release through groundwater discharge to the land surface:**

2 **Review and theoretical development**

3

4 **Abstract**

5

6 The discharge of groundwater to the land surface and to lakes and streams may express  
7 subsurface particles. This may lead to preferential pathways and increased fluxes of  
8 groundwater, sediment and contaminants, and modified subsurface structures. The current  
9 review attempts to describe and categorise the various forms through which sediment may be  
10 liberated in areas of groundwater discharge. Forces acting on subsurface particles in areas of  
11 groundwater discharge include seepage (drag), buoyancy and particle weight, amongst other,  
12 more complex forces. Equations for these can be combined to create formulae for  
13 approximating the conditions under which groundwater discharge will transport particles to the  
14 surface. Two forms of subsurface sediment transport are considered: (1) flow through an  
15 immobile granular matrix (*suffusion* and *suffosion*), and (2) flow through preferential pathways  
16 (i.e., often treated as pipes). Suffusion involves sediment movement that does not impact the  
17 soil's stability, whereas suffosion creates changes to soil stability and, consequently, soil  
18 volume. Preferential flow may arise from cracks in cohesive materials or through localised  
19 fluidization of non-cohesive soils, leading in some situations to *sand boils*. Guidance is  
20 presented on the minimum theoretical hydraulic gradient required for grains of various sizes to  
21 start to rise. New simple formulae are developed that build on existing theory, and these are  
22 compared to previous laboratory data, showing that suffusion is more or less predictable using  
23 the new simple method. However, experimental sand boils require larger hydraulic gradients  
24 compared to theory. The current analysis summarises the state of knowledge and persistent  
25 knowledge gaps associated with sediment ejection through groundwater discharge, which we

- 26 expect has wide-ranging applications in terms of sediment transport in coastal regions and to
- 27 surface water bodies, and where strong groundwater discharge is known to occur.

28 **1. Introduction**

29

30 The expression of groundwater at the land surface is a common occurrence. Groundwater  
31 discharge (or *seepage flow*) is critical to the survival of ecosystems in water-limited regions  
32 and provides significant fluxes of dissolved chemicals to surface water bodies, including the  
33 ocean (e.g., Moore, 2010). In some situations, seepage flows may also entrain subsurface  
34 particles and transport these to the surface and/or surface water bodies.

35

36 The transport of particles by groundwater has received considerable attention in the field of  
37 dam safety, because the failure of earth dams may initially present as ejected subsurface  
38 particles in groundwater discharge zones (van Beek et al., 2013). Particle displacement below  
39 dam structures may be initiated where the friction forces arising from flowing groundwater are  
40 sufficient to rotate, dislodge and mobilise sediment particles (e.g., Sellmeijer, 1988; van Beek  
41 et al., 2013). *Piping* was described by Hagerty (1991) as the removal of particles by seepage  
42 outflow that forms cylindrical conduits commonly conceptualised as pipes. If seepage  
43 exfiltration occurs in a larger area, the term *sapping* can be used (Jones, 1981; Hagerty, 1991).  
44 Sapping has the same characteristics as piping in that both are particle removal mechanisms  
45 resulting in pipe formation, except that with sapping larger lenticular cavities can also appear  
46 (Hagerty, 1992). Additionally, the term *jugging* has also been used to describe vertical erosion  
47 tunnels (Decker and Dunnigan, 1977). Richards and Reddy (2007) acknowledged that jugging  
48 in dispersive soils is caused by rainfall erosion and might lead to dam failures that resemble  
49 erosion originated by animals or tree roots.

50

51 Where sediment is subsequently transported downstream of an engineering structure, hollow  
52 spaces in or underneath dam structures can grow in the opposite direction of the flow,

53 potentially leading to *pipng failure* (van Beek et al., 2013), including such catastrophic events  
54 as the collapse of the Teton Dam (USA) in 1976 (Jones, 1981; Richards and Reddy, 2007). The  
55 various forms of sediment movement in the vicinity of engineering structures is termed *internal*  
56 *erosion* by FEMA (2015). *Contact erosion* and *concentrated leak erosion* are also internal  
57 erosion mechanisms. The former can occur where coarse and fine soils are in contact and there  
58 is a flow parallel to the contact, leading to erosion of the finer soil (Bonelli and Nicot, 2013).  
59 Concentrated leak erosion takes place through cracks originated by hydraulic fractures due to,  
60 for example, differential settlement during construction of a dam or levee (Bonelli et al., 2013).  
61 Another phenomenon commonly related to subsurface erosion is the *sand boil*, which may  
62 appear, often in groups, in areas of groundwater discharge. These typically appear as small,  
63 volcano-shaped vents through which sediment is released, and have been observed downstream  
64 of water-retaining structures (e.g., dams, dikes, etc.; TACFD, 1999). Artificial sand boils have  
65 been created in laboratory experiments (Miesel, 1978; Muller-Kirchenbauer, 1978) and in  
66 field-scale experiments (Silvis, 1991; van Beek et al., 2011) to study the erosion of levees.

67

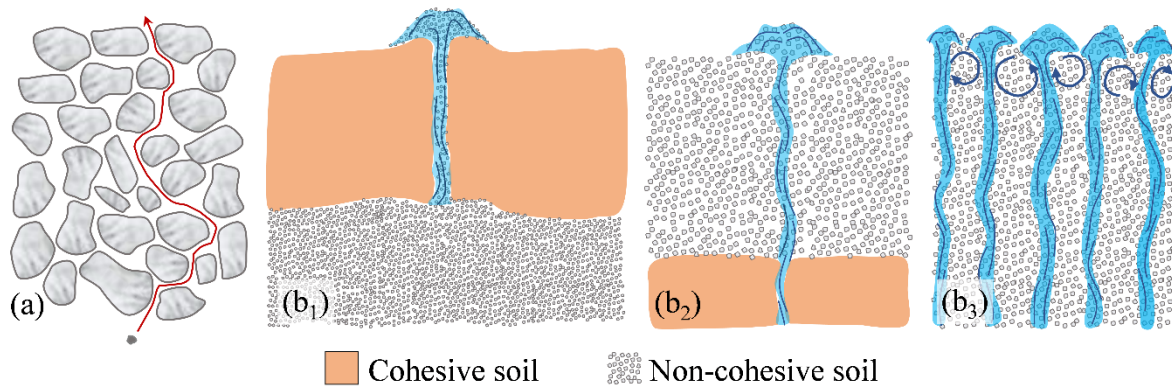
68 Sediment may also be liberated from the subsurface in the absence of surface water  
69 impoundments. For example, de Louw et al. (2010, 2013) observed preferential groundwater  
70 flow in the form of localised expressions of upwelling groundwater (i.e., *boils*) or as larger  
71 vents with both water and sediment discharge (i.e., sand boils) in Dutch polders. They  
72 attributed these and similar features in other Dutch polders to the considerable groundwater  
73 hydraulic gradients that arise from the low land surface elevation, relative to sea level, of much  
74 of The Netherlands. De Louw et al. (2010, 2013) suggest that the boils and sand boils in Dutch  
75 polders arise after cohesive layers heave, leading to preferential pathways through which  
76 groundwater flows at high velocities. Sand boils were particularly evident beneath lower  
77 polders. Sand boils have also been observed in river embankments, for example, during floods

78 in: the Rhine, Waal, IJssel and Maas Rivers (The Netherlands; van Beek et al., 2013), the  
79 Yangtze and Nenjiang Rivers (China; Yao et al., 2009), and the Mississippi River (USA; Li et  
80 al., 1996; Mansur et al., 2000; Glynn and Kuszmaul, 2010).

81

82 The current review evaluates the liberation of subsurface particles under the action of vertical  
83 groundwater flow, regardless of whether the situation is natural or engineered, although our  
84 primary focus is that of natural conditions. The flow pathways through which subsurface  
85 particles may be transported vertically to the land surface can be divided into two categories:  
86 (1) flow through immobile pore networks within a granular matrix, and (2) flow through  
87 preferential pathways. The latter may arise from cracks in cohesive materials, through localised  
88 fluidity of non-cohesive soils (i.e., in which gravity, buoyancy effects and drag from flowing  
89 groundwater control intergranular forces) or through pathways created from more natural  
90 processes such as desiccation cracking, root holes, rodent activity and anthropogenic causes.  
91 In (1), the particles transported through a pore network by groundwater flow must be small  
92 enough to pass through the intergranular spaces, and groundwater flow must be strong enough  
93 to erode particles and transport them upwards against the submerged gravitational force (i.e.,  
94 sediment weight minus buoyancy) acting on each particle. In (2), hydraulic forces must be large  
95 enough to cause heave (i.e., uplift) of cohesive layers and/or sand fluidization, and to transport  
96 particles upwards against submerged gravitational forces. Figure 1 provides a schematic  
97 illustration of conceptual models for the different forms of subsurface sediment transport that  
98 lead to the ejection of particles.

99



100

101 **Figure 1.** Schematic illustration of different forms of subsurface sediment transport: (a) the  
 102 passage of small particles through immobile pore networks (*suffusion* and *suffosion*), (b) three  
 103 forms of sediment transport through preferential pathways. Two types of *sand boils* are shown:  
 104 (b<sub>1</sub>) preferential flow through a cohesive soil layer leading to the vertical transport of particles  
 105 from the underlying non-cohesive sediment body, and (b<sub>2</sub>) preferential flow within a non-  
 106 cohesive soil layer caused by localised discharge from below (e.g., due to a fault or fracture).  
 107 At sufficiently high hydraulic gradients, widespread fluidisation may cause (b<sub>3</sub>) *boiling sand*.

108

109 The theory developed in this research is an extension to previous studies of vertical sediment  
 110 transport in the subsurface because we consider relationships between sediment particle  
 111 characteristics and hydraulic forces for various forms of sediment transport through porous  
 112 media. While prior studies mainly focus on specific conditions, the current research aims to  
 113 review theoretical bases for estimating vertical particle displacement under various common  
 114 mechanisms and situations.

115

## 116 **2. Theory**

117

### 118 **2.1 Particle movement under vertical fluid flow**

119

120 Here, we consider the forces acting on a single particle within a moving fluid body. A single  
121 particle in a stationary fluid will eventually descend at its terminal velocity ( $V_T$ ), whereby the  
122 total resistance force or drag force ( $F_D$ ) becomes equal to the difference between the particle's  
123 weight ( $W$ ) and the buoyancy force ( $F_B$ ) acting on it, as (Prandtl and Tietjens, 1934):

$$124 \quad F_D = C_D A_p \frac{\rho_f V_T^2}{2} = W - F_B \quad (1)$$

125  
126 where  $C_D$  is the drag coefficient,  $A_p$  is the projected area of the particle and  $\rho_f$  is the fluid  
127 density.  $C_D$  can be expressed as a function of Reynolds number ( $Re$ ) and the shape of the  
128 particle (e.g., Madhav and Chhabra, 1995), where  $Re$  is given by:

$$129 \quad Re = \frac{\rho_f UL}{\mu} \quad (2)$$

130  
131 Here,  $U$  is the velocity (taken as the terminal velocity of the particle,  $V_T$ ),  $L$  is the characteristic  
132 dimension (taken as the particle diameter,  $d$ ) and  $\mu$  is the dynamic viscosity of the fluid  
133 (approximately  $10^{-3}$  Pa.s for freshwater). Alternative forms of equation (2) apply to different  
134 situations of subsurface sediment movement, as addressed in subsequent sub-sections. At small  
135  $Re$  (less than 0.5), two-thirds of the total resistance to flow around spheres is due to shear  
136 (friction drag) and one-third is due to pressure (form drag) (Lamb, 1932). Stokes' law can be  
137 used to define  $C_D$  for  $Re < 0.5$ , e.g., for spheres (e.g., Clift et al., 1978):

$$138 \quad C_D = \frac{24}{Re} \quad (3)$$

139  
140 The corresponding Stokes' terminal velocity ( $V_{ST}$ ) (i.e., for the submerged descent on a single  
141 particle) can be calculated by combining equations (1) and (3), as (e.g., Clift et al., 1978):



142 
$$V_{ST} = \frac{1}{18} \frac{(\rho_s - \rho_f)}{\mu} g d^2 \quad (4)$$

143

144 Here,  $\rho_s$  is the particle density, and  $g$  is gravity (taken as  $9.8 \text{ m/s}^2$ ). Table 1 summarises  $V_{ST}$  and  
 145  $Re$  for different particle sizes using equations (4) and (2), respectively. It is assumed that  
 146 particles are spherical, and that  $\rho_s$  and  $\rho_f$  are  $2650 \text{ kg/m}^3$  (i.e., approximately that of quartz sand  
 147 grains) and  $1000 \text{ kg/m}^3$ , respectively.

148

149 **Table 1.** Stokes' terminal velocity and corresponding Reynolds number for different particle  
 150 sizes. Particle sizes are the limits for each particle description (for example, medium sand  
 151 falls within the range 0.25 to 0.5 mm) following the Wentworth (1922) scale.

Particle description	Particle size, $d$ (mm)	Stokes' terminal velocity, $V_{ST}$ (m/s)	$Re$	Stokes' law validity
Very coarse sand	2	3.6	7191	Not valid
	1	0.90	899	Not valid
Coarse sand	0.5	0.22	112	Not valid
	0.25	0.056	14	Not valid
Medium sand	0.125	0.014	1.76	Not valid
	0.0625	0.0035	0.22	Valid

152

153 Combining equations (2) and (4), it can be shown that  $C_D$  calculated using equation (3) is not  
 154 valid for  $d > 0.0625\text{mm}$  (i.e., sediment larger than very fine sand; Table 1). Hence, other  
 155 relationships need to be used for fine sand (or larger) grains to obtain  $C_D$ . Tran-Cong et al.  
 156 (2004) developed an empirical function to calculate  $C_D$  for irregularly shaped particles. Their  
 157 formulation is based on  $Re$  and the geometric characteristics of the particle, as:

158

$$C_D = \frac{24}{Re} \frac{d_A}{d_n} \left[ 1 + \frac{0.15}{\sqrt{c}} \left( \frac{d_A}{d_n} Re \right)^{0.687} \right] + \frac{0.42 \left( \frac{d_A}{d_n} \right)^2}{\sqrt{c} \left[ 1 + 4.25 \times 10^4 \left( \frac{d_A}{d_n} Re \right)^{-1.16} \right]} \quad (5)$$

159

160 Here,  $d_n$  is the diameter of a sphere of equal volume to the particle (e.g., Wadell, 1933),  $d_A$  is  
 161 the diameter of a sphere of equal projected surface area (i.e., perpendicular to the flow  
 162 direction) to the particle (e.g., Heywood, 1962), and  $c$  is the particle circularity or surface  
 163 sphericity, given by  $c = \pi d_A / P_P$ , where  $P_P$  is the perimeter of the projected surface area of the  
 164 particle (e.g., Wadell, 1933). Equation (5) is valid for  $0.15 < Re < 1500$ ,  $0.80 < d_A/d_n < 1.50$   
 165 and  $0.4 < c < 1.0$ , which covers most irregularly shaped particles in practical applications (Tran-  
 166 Cong et al., 2004). For spherical particles,  $d_A/d_n$  and  $c$  are 1, and equation (5) reduces to the  
 167 expression for spheres derived by Clift et al. (1978).

168

169 By rearranging equation (1),  $V_T$  can be calculated by:

170

$$V_T = \sqrt{\frac{2F_D}{C_D A_p \rho_f}} = \sqrt{\frac{2(W - F_B)}{C_D A_p \rho_f}} \quad (6)$$

171

172 Equation (6) needs to be solved iteratively because  $C_D$  is a function of  $Re$  (equation (5)),  
 173 which is a function of  $V_T$  (equation (2)).

174

175 As an alternative to the previous methodology for estimating the terminal velocity, Gibbs et  
 176 al. (1971) derived an empirical equation for the relationship between  $V_T$  and  $d$  for spherical  
 177 particles of diameters ranging from 0.1  $\mu\text{m}$  to 6 mm, as:

178

$$V_T = \frac{-3\mu + \sqrt{9\mu^2 + gd^2 \rho_f (\rho_s - \rho_f) (3.869 \times 10^{-5} + 2.48 \times 10^{-2} d)}}{\rho_f (1.1607 \times 10^{-4} + 7.4405 \times 10^{-2} d)} \quad (7)$$

179

180 Table 2 shows  $V_T$  values calculated using equations (6) and (7) for spherical sand grains (using  
181 values for  $\rho_s$ ,  $\rho_f$  and  $\mu$  as defined above). The comparison shows good agreement (less than 8%  
182 difference) between  $V_T$  values obtained using the two alternative methods. Comparison to  
183 Table 1 shows the order-of-magnitude error that arises if Stokes' terminal velocity is applied  
184 to larger particles.

185

186

**Table 2.** Terminal velocity of different sizes of spherical sand grains in freshwater.

Particle description	Particle size, $d$ (mm)	Gibbs et al. (1971)	Tran-Cong et al. (2004)		
		Terminal velocity, $V_T$ (m/s) (eq. (7))	Terminal velocity, $V_T$ (m/s) (eq. (6))	$Re$	Drag coefficient, $C_D$ (eq. (5))
Very coarse sand	2	0.27	0.28	558	0.56
	1	0.15	0.16	155	0.90
Coarse sand	0.5	0.076	0.078	39	1.8
Medium sand	0.25	0.032	0.034	8.5	4.7
Fine Sand	0.125	0.011	0.012	1.5	20
Very fine sand	0.0625	0.0033	0.0034	0.21	120

187

## 188 2.2 Sediment transport through immobile pore networks (suffusion)

189

190 Water moving through a porous medium (i.e., seepage flow) creates dynamic forces on  
191 particles. If these forces exceed stabilizing forces holding particles in position, they may be  
192 mobilized. Some particles dislodged in this way may be small enough to pass through the pore  
193 network of the body of sediment; a phenomenon referred to as *seepage-induced internal*  
194 *instability* (Fannin and Slangen, 2014). The pathway of moving particles is determined by the  
195 internal structure of the porous medium and the direction of groundwater flow (Kovacs, 1981).

196 Fannin and Slangen (2014) reviewed various terms and descriptions of seepage-induced  
197 internal instability phenomena used in the literature. Fannin and Slangen (2014) suggested that  
198 different seepage-induced internal instability phenomena can be characterised and  
199 distinguished based on measuring three variables including changes in the mass, volume and  
200 hydraulic conductivity ( $K$ ) of the porous medium. The latter can be deduced from  
201 measurements of flow rates and hydraulic gradients which are commonly recorded in  
202 experimental studies (e.g., Skempton and Brogan, 1994; Wan and Fell, 2004; Moffat et al.,  
203 2011).

204

205 The stability of the porous medium skeleton may be modified depending on the rate of particle  
206 movement and the role of small particles in the mechanical strength of the soil. Accordingly,  
207 Fannin and Slangen (2014) recommended the term “*suffusion*” to describe “the non-  
208 destructive response, which may be quantified by a mass loss, no change in volume and an  
209 increase in hydraulic conductivity.” They also advocated the term “*suffosion*” to describe “the  
210 instability phenomenon whereby the transport of fine particles by seepage flow is accompanied  
211 by a collapse of the soil structure.” In other words, suffusion involves fine particle transport by  
212 seepage flow, resulting in mass reduction and an increase in  $K$ , while the volume of porous  
213 medium is not changed and the stability of the skeleton composed by the coarse grains is  
214 unaffected. Suffusion becomes *suffosion* if the migration of fine particles affects the porous  
215 medium skeleton (i.e., through rearrangement of coarser grains), resulting in an overall change  
216 to the soil body stability and a reduction in the solid volume accompanied by changes in  $K$   
217 (Fannin and Slangen, 2014).

218

219 For suffusion to occur, Fell and Fry (2013) proposed three criteria: (1) geometric criterion, (2)  
220 stress criterion, and (3) hydraulic criterion. The geometric criterion is a prerequisite that

221 identifies that the pore size must be large enough to allow fine particles to pass through. The  
222 stress criterion establishes that the amount of finer particles must be less than enough to fill the  
223 voids of the soil matrix formed by the coarser particles, allowing free movement to some of  
224 finer particles in the soil matrix. For the hydraulic criterion to be satisfied, the flow velocity  
225 must be high enough to move fine particles through granular pore spaces. Significant research  
226 has been undertaken into the internal stability of soils from the geometric point of view (e.g.,  
227 Kenney and Lau, 1985; Fannin and Moffat, 2006; Wan and Fell, 2008; Indraratna et al., 2011).  
228 Chang and Zhang (2013) summarized several existing geometric criteria in the literature and  
229 developed a dataset of soil internal stability tests. Here, soils that are *internally stable* have an  
230 ability to act as a filter thereby preventing the loss of small particles due to disturbing forces  
231 such as seepage and vibration (Kenney and Lau, 1985). Soils are otherwise considered  
232 *internally unstable* where suffusion may arise under the action of high groundwater flow.  
233 Factors such as clay dispersiveness may greatly enhance the susceptibility of soils to suffusion,  
234 particularly in engineered structures (FEMA, 2015). Transport and removal of finer individual  
235 particles may lead to micro-scale holes (e.g., de Wit et al., 1981; van Beek et al., 2011).  
236 Therefore, suffusion may be the first sign of increasing levels of internal erosion (van Beek et  
237 al., 2013), and is of interest in the design of filtration/drainage systems, particularly in relation  
238 to engineering structures that are vulnerable to piping failure (Worman and Olafsdottir, 1992).  
239  
240 Several numerical models have been developed to simulate seepage-induced fine particle  
241 transport through granular materials by coupling particle-based methods with groundwater  
242 flow modelling techniques (e.g., Abdelhamid and El Shamy, 2016; Cheng et al., 2018; Aboul  
243 Hosn et al., 2018). The flow of water through pores may be considered at the macroscopic level  
244 using continuum approaches or at a microscopic level where pore-scale flow is characterised,  
245 e.g., using discrete approaches such as the lattice Boltzmann method or the pseudo-particle

246 method (Zhou et al., 2010). In the following, theory relating granular pore space, flow  
247 velocities and sediment movement is reviewed and combined to develop simple relationships  
248 between typical subsurface conditions and the characteristics of particles likely to be ejected  
249 with groundwater discharge.

250

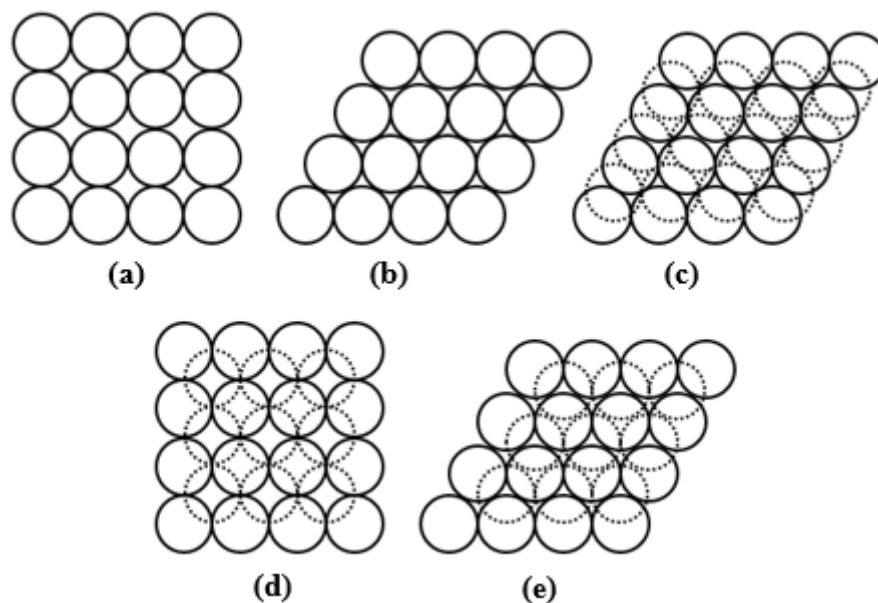
### 251 **2.2.1 Host media characteristics**

252

253 The minimum pore (cavity) width ( $d_p$ ) of granular materials dictates the largest particle size  
254 that can pass through a porous medium, and therefore dictates whether suffusion will occur.

255 The packing of particles is a significant factor in the value of  $d_p$ . Theoretically, there are five  
256 different ways to pack uniform spherical particles which are shown in Figure 2 (White and  
257 Walton, 1937).

258



259

260 **Figure 2.** Different packing arrangements for uniform spherical particles: (a) Cubical, (b)

261 Single-staggered (Orthorhombic), (c) Double-staggered (Tetragonal), (d) Pyramidal

262 (Rhomboidal), (e) Tetrahedral (Rhombohedral). The solid circles represent spheres in one

263 plane, while the dotted ones indicate the spheres (that are obscured from view) in the next  
 264 layer (White and Walton, 1937).

265  
 266 Table 3 lists  $d_P$ , the number of pathways (per particle) with pore width equal to  $d_P$ , and porosity  
 267 ( $n$ ). These can be calculated based on the geometric configuration of each packing arrangement  
 268 (Gupta and Larson, 1979), noting that for some packing arrangements (e.g., double-staggered,  
 269 pyramidal, tetrahedral) there are alternative values of  $d_P$  given in Table 3 due to different  
 270 possible sub-configurations.

271  
 272 **Table 3.** Porosity, minimum pore (cavity) width and number of cavities (i.e., the number of  
 273 void spaces adjacent to a particle with the same minimum pore size) in various packing  
 274 arrangements for uniform spherical particles (Gupta and Larson, 1979). Note that (a) and (b)  
 275 denote alternative values of  $d_P$  due to different possible sub-configurations.

Packing arrangement	Porosity, $n$	Minimum pore (cavity) width, $d_P$	No. of cavities	Stability
Cubical	0.48	$0.732d$	1	Unstable
Single-staggered (Orthorhombic)	0.40	$0.531d$	1	Unstable
Double-staggered (Tetragonal)	0.30	(a) $0.285d$ (b) $0.155d$	2 4	Partially stable
Pyramidal (Rhombohedral)	0.26	(a) $0.414d$ (b) $0.225d$	1 2	Completely stable
Tetrahedral (Rhombohedral)	0.26	(a) $0.414d$ (b) $0.225d$	1 2	Completely stable

276  
 277 The pyramidal and tetrahedral arrangements of Table 3 are completely stable, whereas the  
 278 double-staggered arrangement is partially stable requiring some support from the container  
 279 walls. The cubical and single-staggered arrangements are unstable in that they need  
 280 considerable support from the container walls (e.g., Graton and Fraser, 1935; Gray, 1968). In  
 281 field and laboratory conditions, the formation of unstable packing arrangements in soil (i.e.,  
 282 cubical and single-staggered) is highly unlikely. Therefore, only completely stable (i.e.,

283 pyramidal and tetrahedral) and partially stable (i.e., double-staggered) arrangements are used  
284 in assigning minimum pore widths in the analysis that follows. While we consider idealised  
285 (uniform grain size) materials, natural granular materials will comprise grain size distributions  
286 that lead to pore sizes (and values of  $n$ ) that are probably lower than those given in Table 3,  
287 because of pore-clogging by smaller particles. For example, the average pore size for well-  
288 sorted material was estimated by Sherard et al. (1984) as  $0.11d_{15}$ , where  $d_{15}$  is the equivalent  
289 particle size (diameter) at which 15% of the soil is finer by mass. However, in the absence of  
290 guidance on relationships between grain size distributions and  $d_p$ , we adopt the idealistic Table  
291 3 values for the remainder of the analysis to demonstrate the development of theory.

292

293 We consider next the flow within sediments of known grain diameters (and therefore pore size),  
294 assuming relationships given in Table 3. The determination of flow in porous media requires  
295 knowledge of permeability ( $k$ ), which can be approximated from  $d$  and  $n$  using empirical  
296 relationships such as Kozeny's (1927) permeability model, as:

$$297 \quad k = c_0 \frac{d^2}{36} \frac{n^3}{(1-n)^2} \quad (8)$$

298

299 where  $c_0$  is a constant that can vary from 1/2 (assuming capillary tubes have circular cross-  
300 sections) to 1/6 (Carman, 1937).

301

302 The relationships between pore size and packing arrangement in Table 3 are used to estimate  
303 pore sizes for typical grain diameters (assuming uniform particle size) in Table 4. We assume  
304 that Table 4 applies to materials with narrow ranges in particle sizes (i.e., uniformly graded or  
305 well-sorted sediments). Table 4 lists values of  $k$  and  $d_p$  (using equation (8) and assuming  $c_0 =$



306 1/2) for different packing arrangements, where  $d_p$  corresponds with the standard grain sizes  
 307 used in Table 2.

308

309 **Table 4.** Minimum pore widths, i.e., reflecting the maximum size of particles that may move  
 310 through the host material, and the corresponding particle diameter of host material and the  
 311 permeability for different packing arrangements.

Minimum pore width, $d_p$ (mm)	Particle diameter ( $d$ ) and permeability ( $k$ ) of host material							
	Double-staggered ( $n = 0.30$ )				Pyramidal, Tetrahedral ( $n = 0.26$ )			
	$d = d_p/0.155$ (mm)	$k$ (m <sup>2</sup> )	$d = d_p/0.285$ (mm)	$k$ (m <sup>2</sup> )	$d = d_p/0.225$ (mm)	$k$ (m <sup>2</sup> )	$d = d_p/0.414$ (mm)	$k$ (m <sup>2</sup> )
2	12.9	1.31E-07	7.02	3.86E-08	8.89	3.50E-08	4.83	1.03E-08
1	6.45	3.26E-08	3.51	9.65E-09	4.44	8.74E-09	2.42	2.58E-09
0.5	3.23	8.16E-09	1.75	2.41E-09	2.22	2.19E-09	1.21	6.46E-10
0.25	1.61	2.04E-09	0.877	6.03E-10	1.11	5.46E-10	0.604	1.61E-10
0.125	0.806	5.10E-10	0.439	1.51E-10	0.556	1.37E-10	0.302	4.04E-11
0.0625	0.403	1.28E-10	0.219	3.77E-11	0.278	3.42E-11	0.151	1.01E-11

312

### 313 2.2.2 Initiation of suffusion: Critical flow velocity

314

315 The vertical movement of particles with sufficiently small diameter to pass through the pore  
 316 network of a larger-diameter sediment is firstly examined by assuming that these particles will  
 317 rise when the average interstitial velocity ( $V_G$ ) is greater than  $V_T$ . The critical condition (i.e.,  
 318 when particles of diameter  $d_p$  become unstable) arises when  $V_G$  equals  $V_T$ . This requires the  
 319 assumption that  $V_G$  is locally independent of pore sizes, and therefore, the resulting theory is  
 320 an initial, macro-scale approximation.  $V_G$  can be estimated from known relationships between  
 321  $V_G$  and the groundwater hydraulic gradient ( $i$ ). However, the relationship between  $i$  and  $V_G$   
 322 differs according to the flow conditions (i.e., laminar/Darcy, transitional or turbulent/non-  
 323 Darcy) through porous media, which can be determined based on  $Re$  using equation (2). In  
 324 applying equation (2) to determine  $Re$ , Bear (1972) suggested to adopt  $U = q$ , where  $q$  is the  
 325 specific discharge or Darcy velocity, calculated as the product of  $n$  and  $V_G$ . Different  
 326 parameters have been assigned to  $L$  (i.e., the representative dimension of moving particles) in

327 previous studies, including the mean grain diameter ( $d_m$ ), other particle diameter statistics such  
 328 as  $d_{10}$  or  $d_{50}$  (diameters at which 10% or 50% of a sample's mass is comprised of finer particles;  
 329 Bear, 1972),  $(k/n)^{1/2}$  (Collins, 1961) and  $k^{1/2}$  (Ward, 1964). Various methods have been  
 330 recommended for defining  $d_m$ , including that of Folk and Ward (1957), who suggest setting  
 331  $\log_2 d_m = \log_2 d_{16} + \log_2 d_{50} + \log_2 d_{84}$ .

332  
 333 Several values for  $Re$  at which flow transitions from laminar to turbulent (i.e., the critical  $Re$ ;  
 334  $Re_c$ ) are reported in the literature. Zeng and Grigg (2006) reviewed studies on non-Darcy (i.e.,  
 335 turbulent) flow behaviour in porous media and encountered ranges for  $Re_c$  that vary between  
 336 that recommended by Bear (1972) (i.e.,  $1 < Re_c < 10$ ), and that of Fancher and Lewis (1933)  
 337 (i.e.,  $10 < Re_c < 1000$ ).

338  
 339 The relation between  $i$  and  $V_G$  for different flow conditions in porous media is expressed by  
 340 Bear (1972) as:

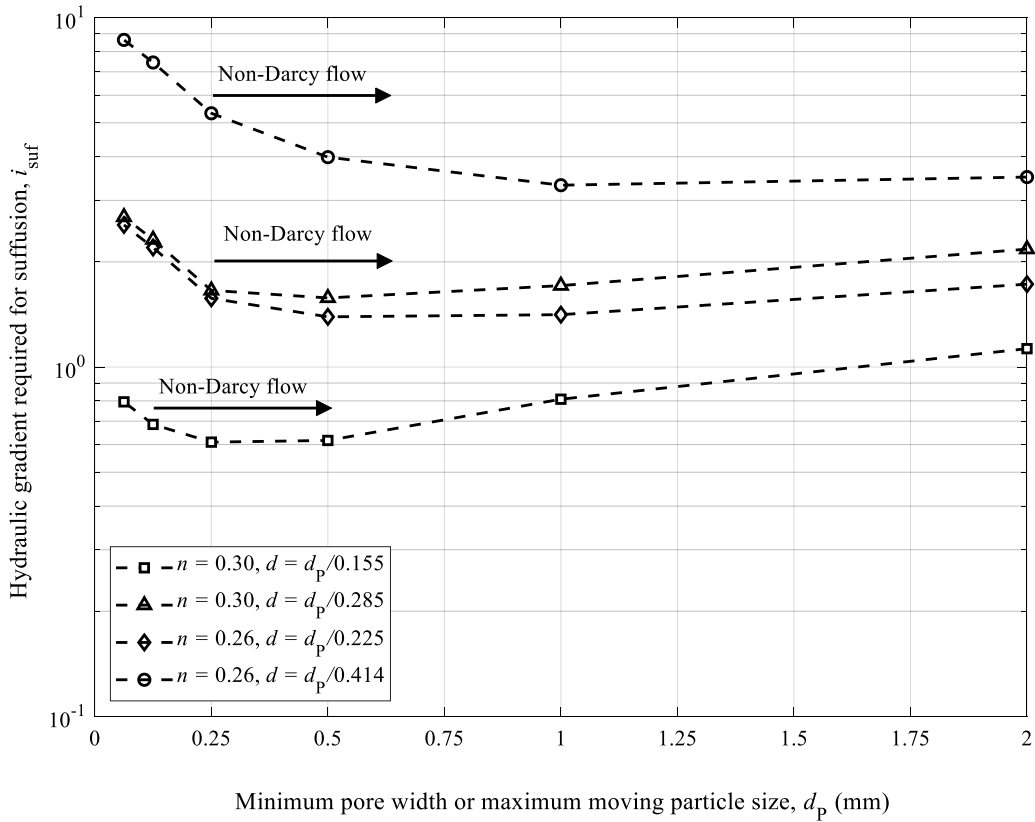
$$341 \quad |i| = \begin{cases} q \frac{\mu}{k \rho_f g} & Re \leq Re_c \text{ (Darcy/Laminar flow)} \\ aq + bq^2 & Re > Re_c \text{ (Non-Darcy/Turbulent flow)} \end{cases} \quad \text{where } q = nV_G \quad (9)$$

342  
 343 Here,  $a$  and  $b$  are constants whose values have been obtained experimentally in numerous  
 344 studies, as reviewed by Bear (1972). Equation (9) uses the absolute value of  $i$  to account for  
 345 negative fluxes arising from positive values of  $i$ . In the current analysis, the equations provided  
 346 by Ward (1964) are used to find  $a$  and  $b$  for non-Darcy flow in equation (9), as:

$$347 \quad a = \frac{\mu}{k \rho_f g}, \quad b = \frac{0.55}{g \sqrt{k}} \quad (10)$$

348

349 Application of equation (9) to values of  $V_T$  given in Table 2 (e.g., obtained from equation (6))  
350 allows for an evaluation of the hydraulic gradient ( $i_{\text{suf}}$ ) at which vertical suffusion (i.e., the  
351 vertical movement of subsurface particles) occurs, at least in terms of the largest particles that  
352 can pass through the porous matrix (i.e., of diameter  $d_p$ , see Table 3) and on the basis of other  
353 assumptions described above. Smaller particles will theoretically rise under hydraulic gradients  
354 less than  $i_{\text{suf}}$ , so that gradients greater than or equal to  $i_{\text{suf}}$  will theoretically cause suffusion of  
355 all non-cohesive sediment smaller than the minimum pore space of the immobile matrix.  
356 According to values for  $n$  and  $k$  in Table 4,  $i_{\text{suf}}$  (i.e., leading to  $V_G = V_T$ ) for different packing  
357 arrangements is illustrated in Figure 3. To obtain the  $i_{\text{suf}}$  values in Figure 3,  $Re$  was first  
358 calculated using equation (2) (where  $L = d$  and  $U = q = nV_G$ ) for the combinations of  $d$  and  $n$   
359 values given in Table 4 and assuming  $V_G$  equals the corresponding  $V_T$  values in Table 2.  $Re$   
360 was compared with  $Re_c$ , which was assumed to be 10 according to Bear (1972). Subsequently,  
361 the appropriate Darcy (i.e., laminar) or non-Darcy (i.e., turbulent) flow expression (equations  
362 (9) and (10)) was selected. Non-Darcy flow regimes are identified by arrows in Figure 3.  
363



364

365 **Figure 3.** Hydraulic gradient required for suffusion ( $i_{suf}$ ) for different pore widths (or  
 366 maximum moving particle size),  $d_p$ , and packing arrangements: double-staggered ( $n = 0.3$ )  
 367 with  $d_p = 0.155d$  (-□-) and  $d_p = 0.285d$  (-△-); pyramidal/tetrahedral ( $n = 0.26$ ) with  $d_p =$   
 368  $0.225d$  (-◇-) and  $d_p = 0.414d$  (-○-). Arrows indicate non-Darcy flow regimes.

369

370 Kovacs (1981) suggests that the critical velocity to move a particle in a narrow tube is less than  
 371 half the settling velocity of isolated particles unaffected by the conduit wall and collision with  
 372 other particles. A large number of experiments have demonstrated that the particle settling  
 373 velocity is reduced in higher suspended sediment concentrations (e.g., Baldock et al., 2004) by  
 374 a factor usually given by the widely used semi-empirical Richardson and Zaki (1954) equation:

375

$$V_S = n^m V_T = (1 - \phi)^m V_T \quad (11)$$

376

377 where  $V_S$  is the hindered settling velocity at porosity  $n$ ,  $\phi$  is the volumetric concentration of  
378 suspended sediments and  $m$  is an empirical exponent that ranges from 2.4 to 4.65 depending  
379 on  $Re$  for particles (Baldock et al., 2004).

380

381 If  $V_T$  is consequently reduced to  $V_S$  by a factor of  $(1 - \phi)^m$ , the value of  $i_{suf}$  (e.g., Figure 3)  
382 reduces by a similar order (for laminar flow situations). For turbulent flow, the relationship  
383 between  $V_T$  and  $i_{suf}$  is nonlinear and the effect on  $i_{suf}$  of empirical or experimentally based  
384 modification to  $V_T$  (e.g., equation (11)) requires application of non-Darcy flow theory (e.g.,  
385 equations (9) and (10)).

386

### 387 **2.3 Vertical sediment transport following fluidization of non-cohesive soils**

388

389 Vertical sediment transport through preferential pathways in porous media may occur in  
390 several ways, as illustrated in Figure 1. Sediment fluidization is an important phenomenon in  
391 all cases, even where sediment rises through preferential pathways within overlying cohesive  
392 (e.g., clay, peat, etc.) layers. Fluidization is the loss of effective stress (i.e., the stress that is  
393 resisted by the soil skeleton) of non-cohesive soils, and may lead to the widely known condition  
394 of *quicksand*. It occurs when hydraulic forces accompanying flowing groundwater are  
395 sufficiently high to balance the total stress and reduce the effective stress to zero. This gives  
396 rise to a critical hydraulic gradient ( $i_c$ ) at which fluidization may occur (Kovacs, 1981; Knappett  
397 and Craig, 2012). According to Terzaghi's (1922) theory:

$$398 \quad i_c = \frac{\gamma_s - \gamma_f}{\gamma_f} = \frac{\gamma'}{\gamma_f} \quad (12)$$

399

400 Here,  $\gamma_f$  is the unit weight of the fluid,  $\gamma_s$  and  $\gamma'$  are the saturated and buoyant (or effective) unit  
401 weight of the soil, respectively. We consider equation (12) in more detail in the following sub-  
402 sections.

403

404 While the initiation of fluidization has been well studied, the mechanisms that lead to any  
405 accompanying subsurface sediment transport are not well defined. Our review has encountered  
406 two types of subsurface sediment transport that may arise following fluidization, which we  
407 differentiate using the terms sand boils and boiling sand. Conceptual models are shown in  
408 Figure 1, which illustrates two sub-categories of sand boils, including: (1) heave and  
409 preferential flow through cohesive soil layers overlying non-cohesive sediments (Figure 1b<sub>1</sub>),  
410 and (2) individual boil vents within non-cohesive soil, caused by localised discharge from  
411 below (e.g., due to a fault or fracture; Figure 1b<sub>2</sub>). The sediment surface appears as a boiling  
412 fluid where fluidization leads to more distributed sediment movement in the case of boiling  
413 sand (Figure 1b<sub>3</sub>).

414

### 415 **2.3.1 Creation of preferential pathways: Heave and pipe formation**

416

417 The hydraulic gradient required to cause heave in both cohesive and non-cohesive sediments,  
418 and sand boils and boiling sand in non-cohesive sediments is, theoretically at least, Terzaghi's  
419 (1922)  $i_c$  (i.e., equation (12)) (Kovacs, 1981; Wan and Fell, 2004; Knappett and Craig, 2012;  
420 FEMA, 2015). In cohesive soils, heaving can create concentrated outflows of seepage to the  
421 land surface through weaknesses (e.g., through hydraulic fracturing) in upper soil layers, in the  
422 form of holes or cracks (Figure 1b<sub>1</sub>) (e.g., Mansur et al., 2000; Glynn and Kuszmaul, 2010; van  
423 Beek et al., 2011). This may result in localised discharge, which de Louw et al. (2010, 2013)  
424 referred to as 'sand boils' or simply 'boils' depending respectively on whether or not sediment

425 is ejected. FEMA (2015) describe two alternative approaches to the estimation of heave, based  
426 on whether force balances are undertaken using the effective stress or the total stress. In both  
427 cases, heave is predicted to occur when the hydraulic gradient equals Terzaghi's (1922)  $i_c$ .  
428 However, preferential pathways may arise in cohesive layers at hydraulic gradients well below  
429  $i_c$  due to hydraulic fracturing (FEMA, 2015). Petrula et al. (2019) conducted extensive  
430 laboratory experiments on glass beads subjected to upward seepage flow and compared the  
431 measured critical hydraulic gradients for heave to calculated  $i_c$  using three different formulae  
432 developed during 1922-1931, and found that the Terzaghi's (1922) formula (i.e., equation (12))  
433 provides the best prediction of  $i_c$ .

434

435 As discussed above and illustrated in Figure 1, two types of conduit flow are apparent in  
436 previous studies of non-cohesive soils: sand boils (point discharge) and boiling sand (dispersed  
437 discharge). Differentiating between the mechanisms that create sand boils versus boiling sand  
438 requires some speculation, because the distinction has not been investigated previously.  
439 Perhaps the former, sand boils, are found where conduits in non-cohesive soil bodies originate  
440 from a source of localised discharge (e.g., through a fault or fracture) below the non-cohesive  
441 soil body, as illustrated in Figure 1b<sub>2</sub>. Where upward seepage is dispersed (rather than  
442 localised) and sufficiently high to disturb the non-cohesive sediment structure over an area  
443 (rather than localised points causing discrete sand boils), this may lead to multiple pathways of  
444 instability in the soil structure, creating recirculation of particles in the form of boiling sand  
445 (Figure 1b<sub>3</sub>). In any case, the occurrence of both sand boils and boiling sand in non-cohesive  
446 soils requires the creation of preferential pathways (Wan and Fell, 2004). Discharge must be  
447 high enough to carry sand grains to the land surface and to maintain preferential flow conduits  
448 within the non-cohesive sediment body. In the case of boiling sand, it is likely that those  
449 pathways are continuously changing. Wan and Fell (2004) state that the hydraulic gradient

450 leading to boiling sand is again theoretically equal to Terzaghi's (1922)  $i_c$ . However, their  
 451 experimental results for silt-sand-gravel and clay-sand-gravel soil mixtures showed that  
 452 hydraulic gradients greater than  $i_c$  were needed for sand boils or boiling sand to occur. They  
 453 attributed this to inter-particle electrochemical forces in soil mixtures containing silt or clay.

454

### 455 **2.3.2 Flow through preferential pathways**

456

457 For simplicity, conduits in both non-cohesive and cohesive soils are often treated as pipes,  
 458 through which water is assumed to flow at high rates relative to flow through the surrounding  
 459 sand matrix. The preferential pathways associated with sand boils (in both cohesive and non-  
 460 cohesive sediment; Figure 1b<sub>1</sub> and 1b<sub>2</sub>) are approximated in the analysis that follows as vertical  
 461 pipes, allowing use of the Darcy-Weisbach formula to describe their flow, as (Bear, 1972):

$$462 \quad i_p = f \frac{1}{D_p} \frac{V_p^2}{2g} \quad (13)$$

463

464 where  $i_p$  is the hydraulic gradient in the pipe,  $f$  is the friction factor,  $D_p$  is the pipe diameter,  
 465 and  $V_p$  is the flow velocity in the pipe.  $Re$  for pipe flow is obtained from equation (2), with  $L$   
 466  $= D_p$  and  $U = V_p$ . When  $Re \leq 2320$ , laminar pipe flow can be assumed in the preferential  
 467 pathway (van Beek et al., 2013), and the Hagen-Poiseuille formula (Hagen, 1839; Poiseuille,  
 468 1841) can be used by adopting  $f = 64/Re$  in equation (13). When  $Re > 4000$ , turbulent pipe flow  
 469 occurs, and  $f$  is a function of  $Re$  and the relative roughness,  $\varepsilon/D_p$ , where  $\varepsilon$  is the roughness of  
 470 the pipe wall and is a function of grain size distribution, grain shape and grain spacing (e.g.,  
 471 Kamphuis, 1974). Various expressions and methods are available to find  $f$  for turbulent flow,  
 472 including the Colebrook equation, given as (Nakayama, 1999):

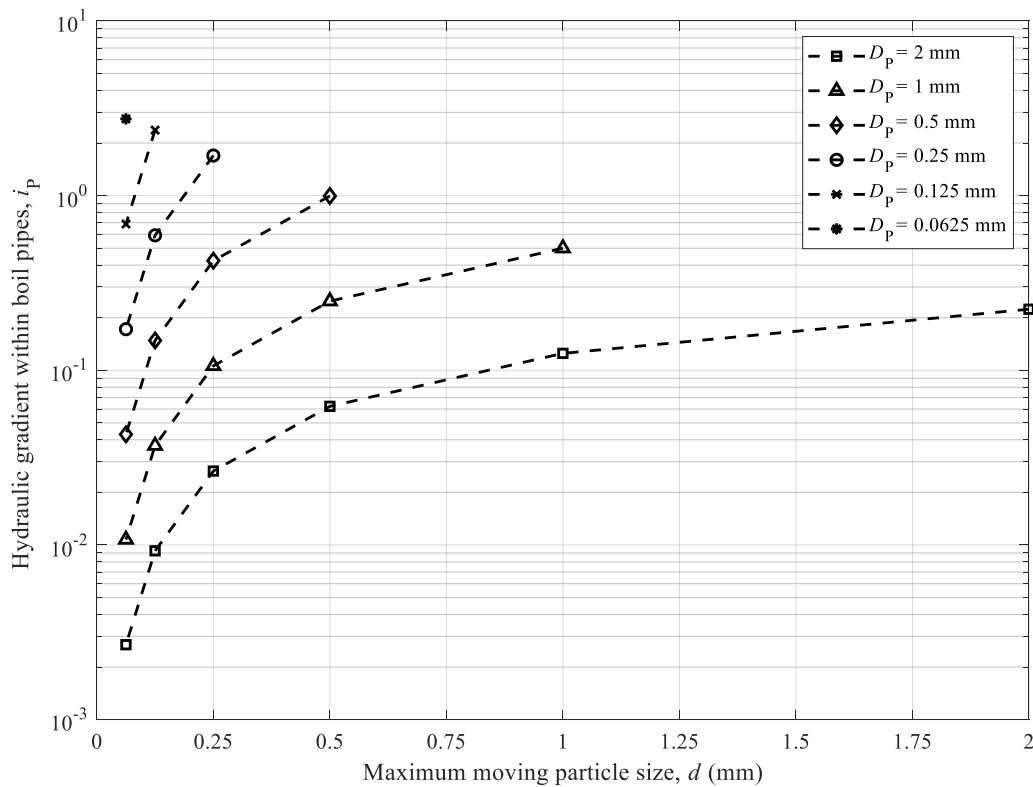
$$473 \quad \frac{1}{f} = -2 \log \left( \frac{\varepsilon/D_p}{3.71} + \frac{2.51}{Re \sqrt{f}} \right) \quad (14)$$



474

475 The above theory allows for estimates of  $i_P$  required to produce  $V_P$  values that coincide with  
476 Table 2 values of  $V_T$ , i.e., hydraulic gradients needed to bring sediments of various sizes to the  
477 surface through vertical pipes. Values of  $d$  and  $D_P$  ranging from 0.0625 mm to 2 mm (as per  
478 Table 2 diameters) were evaluated for cases where  $d \leq D_P$ , i.e., particles theoretically able to  
479 pass through the pipe. Calculated values of  $Re$  ( $0.2 \leq Re \leq 560$ ) indicated that in all cases,  
480 laminar flow conditions are expected. Values of  $i_P$  arising from these calculations are shown in  
481 Figure 4.

482



483

484 **Figure 4.** Hydraulic gradients within boil ‘pipes’ ( $i_P$ ) for different moving particle sizes ( $d$ )  
485 and pipe diameters ( $D_P$ ).

486

487 **2.4 Subsurface flow processes: Hypothetical modelling of conceptual models**

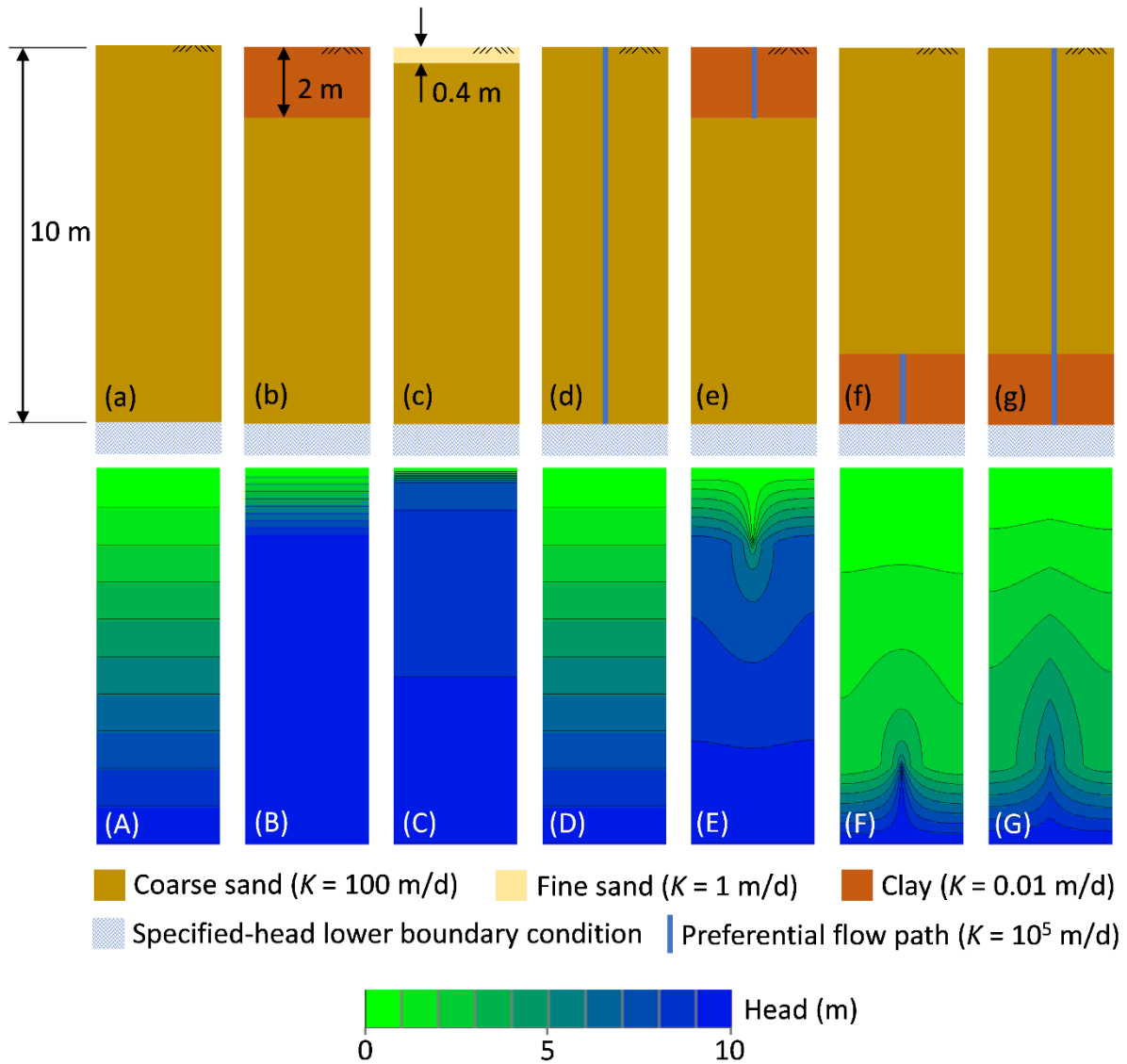
488

489 In the previous sub-sections, estimates are provided of hydraulic gradients required to cause  
490 heave and to move particles through immobile porous matrices and through preferential  
491 pathways. The conceptual models adopted in developing the above theory involve various  
492 combinations of non-cohesive materials (e.g., sand), with and without preferential flow paths  
493 (e.g., flow pipes), and with and without overlying/underlying cohesive layers (e.g., overlying  
494 clay or underlaying faulted bedrock). The subsurface head distributions (and corresponding  
495 flow directions) accompanying these conceptual models are rarely considered in previous  
496 studies. Therefore, to assist in the understanding of subsurface flow processes associated with  
497 the previous situations, several hypothetical scenarios of simplified aquifer cross-sections are  
498 devised and modelled. Steady-state groundwater flow was simulated using MODFLOW  
499 (Harbaugh, 2005) to demonstrate the effects of preferential flow and layering on subsurface  
500 flow conditions. We neglect pipe flow and treat preferential flow features as equivalent porous  
501 medium, amongst other simplifying assumptions that allow for conceptual demonstration of  
502 subsurface flow in uncomplicated scenarios.

503

504 The conceptual models are illustrated in Figure 5, which also provides the head distributions  
505 arising from MODFLOW simulations. Flow is considered in cross-sections of 10 m depth by  
506 10 m horizontal length (N.B., scale distortion of approximately 1:4 is used in Figure 5). Flow  
507 directions are perpendicular to head contours. The boundary conditions in all cases are  
508 specified head conditions at the top (hydraulic head = land surface) and bottom (hydraulic head  
509 = 10 m above land surface), creating a hydraulic gradient of 1.0 that is uniform throughout the  
510 subsurface in the absence of aquifer heterogeneity (see Figure 5a). No-flow conditions apply  
511 to the side boundaries, and other parameters are shown in Figure 5.

512



513

514 **Figure 5.** Hypothetical conceptual models (a) to (g) and corresponding head distributions (A)  
 515 to (G) showing various situations of vertical flow. These include: (a) homogeneous coarse  
 516 sand; (b) clay overlying coarse sand; (c) fine sand overlying coarse sand; (d) homogeneous  
 517 coarse sand with a fully penetrating preferential flow feature; (e) clay, containing a  
 518 preferential flow feature, overlying coarse sand; (f) coarse sand overlying clay containing a  
 519 preferential flow feature; (g) coarse sand overlying clay with a fully penetrating preferential  
 520 flow feature.

521

522 The results shown in Figure 5 highlight important subsurface flow processes of relevance to  
523 the conceptual models of earlier sub-sections. For example, relatively high hydraulic gradients  
524 occur in low- $K$  layers that overly high- $K$  layers (Figures 5B and 5C). For the simple  
525 configuration of Figure 5, manipulation of Darcy's Law shows that:

$$526 \quad \frac{i_U}{i_L} = \frac{K_L}{K_U} \quad (15)$$

$$527 \quad i_U = \frac{\Delta h}{\frac{K_U}{K_L} L_L - L_U} \quad (16)$$

528  
529 where subscripts L and U refer to lower and upper layers,  $i$  is hydraulic gradient,  $K$  is isotropic  
530 hydraulic conductivity, and  $\Delta h$  is the head drop (10 m in Figure 5) across the subsurface profile.  
531 Equation (16) allows for rapid assessment of gradients in low- $K$  surface layers (for initial  
532 estimation of the potential for heave). Note that  $i_U$  is higher in the fine sand case (i.e., Figure  
533 5C;  $|i_U| = 32.9$ ) than in the clay case (i.e., Figure 5B;  $|i_U| = 1.25$ ). It follows that where relatively  
534 fine materials are deposited over coarse sediment in groundwater upwelling zones, these are  
535 highly susceptible to fluidisation because they are likely to experience significant hydraulic  
536 gradients relative to the situation before deposition.

537  
538 The addition of a fully penetrating, vertical, preferential flow feature to the homogeneous case  
539 (i.e., Figure 5d) does not modify the flow field in the coarse sand (Figure 5D). Thus, it follows  
540 that development of fully penetrating preferential flow features may not reduce the potential  
541 for fluidization elsewhere in non-cohesive sediments, because the same hydraulic gradients  
542 may occur in the parent material both with and without vertical preferential pathway (Figures  
543 5A and 5D). Hence, under idealistic homogeneous conditions, pipes may develop in sand

544 bodies without necessarily reducing the likelihood of other pipes forming, given stable  
545 boundary conditions below the sand.

546

547 Figure 5e represents a situation where the overlying low- $K$  layer contains a preferential flow  
548 path, as might occur following heave (see Section 2.3.1). A comparison of head contours with  
549 and without the preferential pathway (Figures 5E and 5B) shows that it creates considerably  
550 higher flow in the coarse sand (i.e., larger  $i_L$ ; more closely spaced head contours), and  
551 significantly reduces  $i_U$  (i.e., more sparsely spaced head contours). Thus, the development of  
552 preferential pathways in low- $K$  surface layers reduces the likelihood of heave and additional  
553 preferential pathways forming within the low- $K$  layer in the near vicinity.

554

555 Figure 5f illustrates the situation of a high- $K$  feature within an otherwise low- $K$  layer,  
556 underlying a coarse sand body, consistent with the conceptual model of Figure 1b<sub>2</sub>, except no  
557 preferential flow features are simulated within the coarse sand. The MODFLOW results show  
558 a high hydraulic gradient (approximately equal to 19 in the vertical direction) at the base of the  
559 coarse sand layer where the preferential flow feature terminates. This supports the conceptual  
560 model of Figure 1b<sub>2</sub>, whereby fluidization may be induced locally around such features. Figure  
561 5g builds on the situation of Figure 5f by extending the preferential flow feature through the  
562 coarse sand layers to the land surface. Whereas the steep head gradients at the base of the coarse  
563 sand layer dissipate over short distances in Figure 5f, the preferential flow feature in the coarse  
564 sand in Figure 5g reduces head gradients at the base of the coarse sand, and increases gradients  
565 in the middle and upper sections. It follows that preferential flow features that develop within  
566 sand bodies, under conditions similar to Figure 5g, propagate the high hydraulic gradients  
567 needed for fluidization over larger vertical extents than otherwise occurs without preferential

568 flow paths. In other words, preferential flow paths tend to maintain and propagate the head  
569 gradients required for their occurrence (i.e., fluidization).

570

### 571 **3. Experimental studies**

572

573 The results of suffusion, fluidization and sand boil experiments are critical for assessing theory  
574 of the type described above, given the many simplifying assumptions adopted in the respective  
575 force equilibrium methods. The theory presented above does not account for friction arising  
576 from the collision of moving particles or between moving particles and the stationary porous  
577 matrix, or other factors including electrochemical forces and other phenomena that modify the  
578 capacity for particles to move due to hydraulic forces.

579

#### 580 **3.1 Suffusion experimental studies**

581

582 The initiation of piping, erosion processes and fine particle displacement rates caused by  
583 suffusion has been observed in laboratory experiments predominantly aimed at studying the  
584 onset and mechanisms of piping failure (e.g., de Wit et al., 1981; van Beek et al., 2011). For  
585 example, Sterpi (2003) used laboratory experiments of erosion and transport of fine particles  
586 in a silty sand subjected to an upwards vertical seepage flow to produce an empirical equation  
587 relating particle transport to the experimental parameters. The experimental results showed that  
588 the percentage of eroded fine particles increased with time under a constant hydraulic gradient,  
589 and also increased with hydraulic gradient for constant periods of time.

590

591 Liang et al. (2017) designed a stress-controlled apparatus to investigate particle erosion under  
592 different stress states (i.e., combinations of vertical and confining stresses) and upwards

593 seepage flow rate, by using a soil-water separating system. The results of their study showed  
594 that a specimen would collapse when the amount of eroded fine particles exceeded a critical  
595 proportion of the soil weight.

596

597 Wan and Fell (2004) investigated the internal stability of soils (mixtures of sand, gravel, silt,  
598 and clay) with respect to their susceptibility to suffusion by conducting both upward flow and  
599 downward flow seepage tests. The hydraulic gradient at which suffusion was initiated was  
600 recorded. They defined a hydraulic gradient,  $i_{\text{start}}$ , at which the first sign of erosion of fine  
601 particles (e.g., observation of cloudiness in the flow) was observed. Wan and Fell's (2004)  
602 laboratory results showed that suffusion started at lower hydraulic gradients than that predicted  
603 by equation (12), i.e.,  $i_{\text{start}} < \text{Terzaghi's (1922) } i_c$  for all unstable and many stable soil samples.  
604 Wan and Fell (2004) observed an inverse relationship between  $n$  and  $i_{\text{start}}$ , whereby soils with  
605 higher  $n$  would be eroded at lower upward gradients. In other words, a higher  $i_{\text{start}}$  was required  
606 to erode a soil with higher  $\gamma_s$ . The theory of Kovacs (1981) is consistent with this general  
607 relationship. The same trend is generally applicable to the functions given in Figure 3, in that  
608 the lowest and highest values of  $i_{\text{suf}}$  arose from the higher (0.3) and lower (0.26)  $n$  values,  
609 respectively. Wan and Fell's (2004) laboratory experiments also showed the effect of  
610 cohesiveness between particles, in that  $i_{\text{start}}$  was higher for soils with higher clay contents.

611

612 Ahlinhan and Achmus (2010) conducted several laboratory experiments on stable and unstable  
613 non-cohesive soils under upward and horizontal seepage flows to study the  $i_{\text{start}}$ . They  
614 determined the  $i_{\text{start}}$  where significant change (i.e., a strong increase) was observed in flow  
615 velocity and the mass of eroded fine particles. Their experiments showed that for unstable soils,  
616 the critical hydraulic gradient for upward flow slightly depends on the relative density ( $D_r$ ),  
617 which is an indicator of the degree of compaction in non-cohesive soils and is expressed as  $D_r$

618  $= (e_{\max} - e) / (e_{\max} - e_{\min}) \times 100\%$  where  $e$  is the void ratio of soil in natural state,  $e_{\max}$  and  $e_{\min}$  are  
619 the maximum and minimum limits of  $e$  corresponding to the loosest and densest states of soil  
620 respectively, while a distinct dependence of critical hydraulic gradients on  $D_r$  was found for  
621 stable soils.

622

623 In laboratory experiments on sandy soils under upward flow, Fleshman and Rice (2014)  
624 observed that  $i_{\text{start}}$  was higher than both Terzaghi's (1922)  $i_c$  and values reported in previous  
625 laboratory research (e.g., Skempton and Brogan, 1994). This contradicts Wan and Fell's (2004)  
626 earlier results. Fleshman (2012) attributed these differences to the respective laboratory  
627 methodologies, in that in previous experiments, hydraulic gradients were measured across  
628 entire soil samples whereas the measurements of Fleshman and Rice (2014) focused on  
629 hydraulic gradients across smaller scales, namely at the seepage exit point. However,  
630 Schmertmann (2015) argued that the higher hydraulic gradient measured by Fleshman and Rice  
631 (2014) are seriously inconsistent with previous theory and laboratory and field experiments  
632 because of high friction between the interface of sample holder and the soil sample (i.e., sample  
633 side shear), the obstruction of the pore pressure probes to water and particle movement and  
634 resulting arching effects; hence, the Fleshman and Rice's (2014) results have not been used in  
635 the current study.

636

637 In the following, the theory developed in Section 2.2 for suffusion is compared to the  
638 experimental results of Wan and Fell (2004) and Ahlinhan and Achmus (2010). While  $i_{\text{start}}$   
639 likely applies to the smallest particles within a soil,  $i_{\text{suf}}$  applies to the largest potentially mobile  
640 particles, and thus  $i_{\text{start}} < i_{\text{suf}}$  is expected, at least theoretically. Soil and experimental properties  
641 and the results of upward flow seepage tests by Wan and Fell (2004) and Ahlinhan and Achmus  
642 (2010) are given in Table 5. Wan and Fell (2004) observed three stages in their experiments



643 and measured the hydraulic gradient in each stage, including (1) initial loss of fine particles,  
644 (2) extreme cloudiness, and (3) boiling sand development. The  $i$  values of Ahlinhan and  
645 Achmus (2010) in Table 5 correspond to the erosion of fine particles where a strong increase  
646 in mass transport and flow velocity was measured in their experiments, although Ahlinhan and  
647 Achmus (2010) observed some grain movements on the sample surface at smaller hydraulic  
648 gradients than those in Table 5.

649

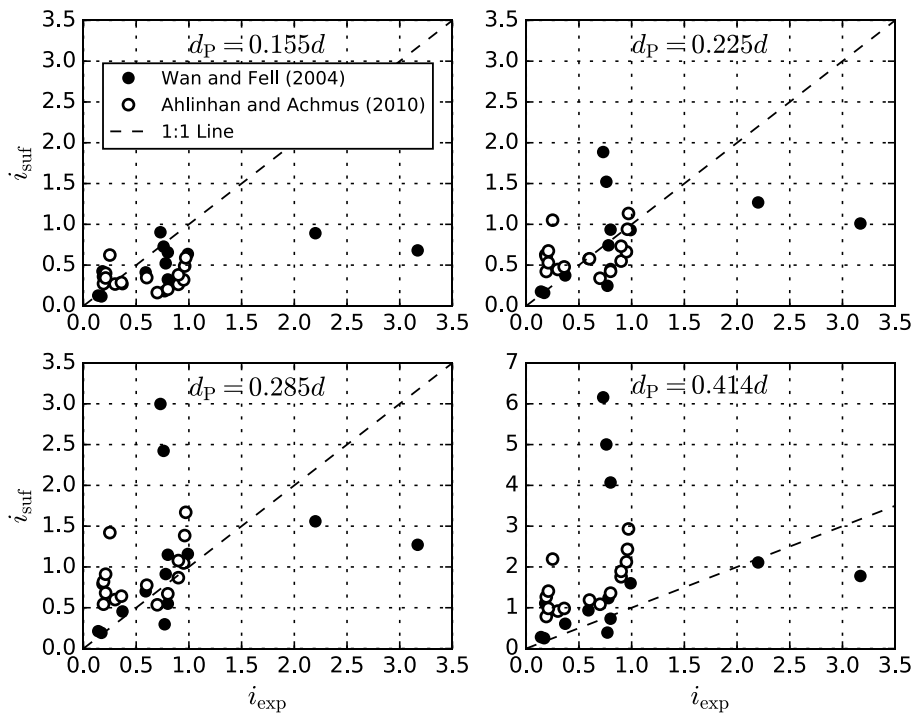
650 **Table 5.** Summary of soil properties and upward flow seepage test results of Wan and Fell  
 651 (2004) and Ahlinhan and Achmus (2010).

Test no.	Particle density, $\rho_s$ (kg/m <sup>3</sup> )	$d_{10}$ (mm)	$d_{15}$ (mm)	$d_{50}$ (mm)	Porosity, $n$	Hydraulic gradient, $i$			Reference
						Initial loss of fines	Extreme cloudiness	Boiling	
1	2620	0.057	0.085	4.750	0.169	2.20	2.54	2.32	Wan and Fell (2004)
					0.210	0.78	1.17	1.95	
2R	2620	0.028	0.051	3.68	0.214	0.99	1.38	2.93	
3R	2610	0.012	0.018	0.137	0.292	0.73	1.12	N/O	
4R	2600	0.258	0.425	4.750	0.191	0.80	2.19	3.58	
5	2570	0.082	0.252	3.180	0.218	3.17	3.77	3.97	
					0.261	0.18	N/O	1.54	
9	2680	0.066	2.340	6.550	0.315	0.14	N/O	N/O	
10	2690	0.022	0.037	5.650	0.217	0.59	0.78	2.52	
					0.256	0.37	0.94	1.12	
11	2670	0.011	0.011	0.120	0.319	0.76	0.68	0.88	
14A	2680	0.007	0.016	7.110	0.270	0.77	N/O	3.92	
					0.315	0.17	0.56	1.33	
15	2570	0.001	0.006	6.030	0.228	0.80	N/O	3.18	
A1	2650	0.094	0.104	0.172	0.495	0.70	–	–	
					0.467	0.80	–	–	
					0.435	0.90	–	–	
					0.412	0.95	–	–	
A2	2650	0.210	0.254	0.526	0.380	0.90	–	–	
					0.351	0.96	–	–	
					0.330	0.97	–	–	
E1	2650	0.210	0.558	1.321	0.383	0.30	–	–	
					0.375	0.36	–	–	
					0.353	0.60	–	–	
E2	2650	0.109	0.362	1.233	0.353	0.19	–	–	
					0.341	0.21	–	–	
E3	2650	0.109	1.061	2.231	0.293	0.25	–	–	
					0.341	0.19	–	–	
					0.316	0.21	–	–	

652 N/O – Not observed

653  
 654 Figure 6 compares theoretical hydraulic gradients needed for suffusion ( $i_{suf}$ ) based on the theory  
 655 presented here with experimental values ( $i_{exp}$ ) of Wan and Fell (2004) and Ahlinhan and  
 656 Achmus (2010). Values of  $i_{exp}$  were taken as those required for the initial loss of fines (Wan  
 657 and Fell, 2004; Ahlinhan and Achmus, 2010; Table 5). To calculate  $i_{suf}$ , several assumptions  
 658 were required, including (1) the soil particles are spherical in shape and soil properties (i.e.,  $\rho_s$ ,  
 659  $d_{10}$ ,  $d_{15}$ ,  $d_{50}$ , and  $n$ ) are given in Table 5, (2) the water properties are constant i.e.,  $\rho_f = 10^3$

660  $\text{kg/m}^3$ , and  $\mu = 10^{-3}$  Pa.s, (3)  $d_P$  is proportional to  $d_{50}$ , with proportionality based on the four  
661 different packing arrangements of Table 3 (i.e., double-staggered and pyramidal/tetrahedral,  
662 with two alternative values of  $d_P$  for each arrangement), (4) the maximum size of moving  
663 particles is equal to  $d_P$ , (5) equation (7) is used to calculate  $V_T$  where  $d = d_P$ , (6)  $k$  is obtained  
664 from equation (8) where  $c_0 = 1/2$  and  $d = d_{50}$ , (7)  $Re$  is calculated by equation (2) where  $L =$   
665  $d_{10}$ ,  $U = q = nV_G$ , and  $V_G = V_T$ , (8)  $Re_c$  is 10, and (9) equations (9) and (10) are used to calculate  
666  $i_{\text{suf}}$ . Assumption (1) is expected to overpredict  $i_{\text{suf}}$ , because  $V_T$  tends to be lower for natural  
667 particles relative to spheres (e.g., Arora et al., 2009). Assumptions (4) and (5) are also expected  
668 to overpredict  $i_{\text{suf}}$ , because suffused particles are likely to be smaller than  $d_P$ . An alternate value  
669 of  $c_0$  (e.g., Fitts (2002) adopts  $c_0$  equal to 1/5) would lead to lower  $k$  values for a given  $d$ , and  
670 therefore assumption (6) tends to underpredict  $i_{\text{suf}}$ .



671  
672 **Figure 6.** Comparison between  $i_{\text{suf}}$  (suffusion theory described in earlier sections) and  $i_{\text{exp}}$   
673 from the suffusion experiments of Wan and Fell (2004) and Ahlinhan and Achmus (2010).

674 The four sub-figures show alternative assumptions (see Table 3) regarding the relationship  
 675 between minimum pore size ( $d_p$ ) and sediment diameter ( $d$ ).

676

677 The Figure 6 results show relationships between  $i_{suf}$  and  $i_{exp}$  that vary from  $i_{suf} > i_{exp}$  (e.g.,  
 678 generally the case where  $d_p = 0.414d$ ) to  $i_{suf} < i_{exp}$  (e.g., generally the case in  $d_p = 0.155d$ ),  
 679 although in all cases there is scatter across the 1:1 line. The comparisons show approximate  
 680 correlation between theory and experimental results except for the highest  $i_{exp}$  value, which is  
 681 underpredicted by  $i_{suf}$  in all four of the packing arrangements of Figure 6. For the largest values  
 682 of  $i_{suf}$  (e.g., where  $d_p = 0.414d$ ),  $i_{suf}$  exceeds significantly  $i_{exp}$ , although where  $d_p = 0.155d$ , the  
 683 match is improved. The larger deviations between  $i_{exp}$  and  $i_{suf}$  at higher hydraulic gradients may  
 684 be related to the transition of flow from laminar to turbulent, which is not considered in the  
 685 calculation of  $i_{suf}$  using equation (9). That is, in equation (9), the flow regime within the porous  
 686 media is divided into laminar or turbulent based on  $Re$  values, whereas the occurrence of  
 687 laminar/turbulent flow in the transient, preferential flow processes leading to the onset of boils  
 688 is not taken into account. Statistical criteria including mean absolute error (MAE), root mean  
 689 square error (RMSE), percent bias (PBIAS) and Nash-Sutcliffe efficiency (NSE) (Moriassi al.,  
 690 2007) are presented in Table 6 to evaluate the match between  $i_{suf}$  and  $i_{exp}$ . MAE, RMSE, PBIAS  
 691 values closer to 0 and NSE closer to 1 indicate better agreement (Moriassi al., 2007).  
 692 Accordingly, packing arrangements with  $d_p = 0.225d$  shows better match between  $i_{suf}$  and  $i_{exp}$ .

693

694 **Table 6.** Statistical criteria to evaluate  $i_{suf}$  and  $i_{exp}$  comparison for suffusion.

	$d_p = 0.155d$	$d_p = 0.285d$	$d_p = 0.225d$	$d_p = 0.414d$
MAE	0.396	0.502	0.375	1.120
RMSE	0.622	0.751	0.582	1.660
PBIAS (%)	41.88	-35.25	2.252	-136.7
NSE	0.001	-0.456	0.125	-6.119

695

### 696 3.2 Sand boil experimental studies

697

698 Townsend et al. (1988) and Schmertmann (2000) obtained minimum gradients for piping in  
699 the lateral direction in clean, fine, uniform sands. Based on their laboratory tests, this type of  
700 sand was found to experience backward erosion piping at gradients as low as 0.08, although  
701 this appears model a severe scenario in that a highly erodible soil was used and a roof consisting  
702 of a plexiglass plate was placed above it. The low gradients for piping in Townsend et al. (1988)  
703 and Schmertmann (2000) experiments also attributed to local concentrations of flow lines at  
704 the entrance and discharge areas of the seepage flow and after pipe formation, near the pipe tip.  
705 The vertical movement of particles, which is the focus of the current review, differs to lateral  
706 particle movement, in which the stabilizing force includes the friction that inhibits particle  
707 rotation (e.g., along the horizontal plane), as opposed to the requirement for the effective stress  
708 to drop to zero in vertical sand transport situations (Worman and Olafsdottir, 1992). Thus,  
709 vertical sediment movement likely requires higher hydraulic gradients relative to lateral  
710 sediment movement.

711

712 Studies that reveal rates of vertical sediment transport through sand boils are uncommon  
713 relative to piping and suffusion experiments, and investigations that obtain  $i_c$ . Fujisawa et al.  
714 (2013) investigated the relationship between seepage forces and sand particle velocities due to  
715 upward and horizontal seepage flows within a vertical U-shaped cylinder and a horizontal pipe,  
716 respectively, in laboratory experiments. Sand particle velocities obtained in their experiments  
717 were well estimated by force equilibrium analysis similar to that described herein (i.e.,  
718 comparison of seepage, buoyancy and gravity forces).

719

720 Laboratory experiments evaluating  $i_c$  in sandy gravels subjected to upward flow were  
721 conducted by Skempton and Brogan (1994), who found that piping occurred at  $i_c$  values similar

722 to Terzaghi's (1922)  $i_c$  when soils were internally stable. Otherwise, piping occurred at lower  
723 values of  $i_c$  (i.e., one-third to one-fifth of Terzaghi's (1922)  $i_c$ ) when the samples were internally  
724 unstable. Skempton and Brogan (1994) explained the discrepancy between experimental  $i_c$  and  
725 Terzaghi's (1922)  $i_c$  for internally unstable soil by that the greater part of the overburden load  
726 is carried by coarser particles, leaving most of the finer particles under small pressure, i.e., a  
727 reduction in  $\gamma'$  in equation (12). Similar findings were obtained by Yang and Wang (2017),  
728 who undertook laboratory experiments on uniform sand (considered internally stable) and gap-  
729 graded sand (considered internally unstable). They compared 44 measured  $i_c$  values with  $i_c$   
730 predictions from four alternative models, all based on the force equilibrium of a single soil  
731 particle. Comparison of predicted and measured  $i_c$  values showed that no single predictive  
732 model was applicable to all soil types.

733

734 Comprehensive studies aimed at controlling seepage and sand boils along the lower Mississippi  
735 River levees (e.g., Turnbull and Mansur 1959; USACE, 1956) showed that the upward gradient  
736 required to cause sand boils varied from 0.5 to 0.8 at different sites. The gradient was  
737 determined by measuring the hydrostatic head beneath the top stratum (blanket) at the time  
738 sand boils first appeared (i.e.,  $i_c = h_{\text{blanket}}/z_{\text{blanket}}$ , where  $h_{\text{blanket}}$  is the head beneath the blanket  
739 and  $z$  is the thickness of the blanket). Accordingly, USACE (2005) recommends  $i_c = 0.5$  as the  
740 minimum gradient required to cause sand boils. In The Netherlands, TACFD (1999) assumed  
741  $i_c = 0.3$  based on fluidisation experiments of Yap (1981). A comparison between US and Dutch  
742 criteria for sand boils and piping can be found in Ammerlaan (2007).

743

744 In the sand boil, the head loss is not constant vertically through the sand boil and it is a function  
745 of sand properties, the size of sand boil and the flow rate (Robbins et al., 2019). Some recent  
746 studies (e.g., Bezuijen, 2015; Bezuijen et al., 2019; Robbins et al., 2019) have developed

747 theoretical models to examine the head loss in a sand boil based on settling velocities in a  
 748 vertical pipe that are hindered by suspended sediments. Robbins et al. (2019) compared their  
 749 theory with head loss measurements in boils along the Mississippi River in the USA and the  
 750 Waal River in The Netherlands, and also Yap’s (1981) experiments. They found reasonably  
 751 good agreement between measurements and their theory.

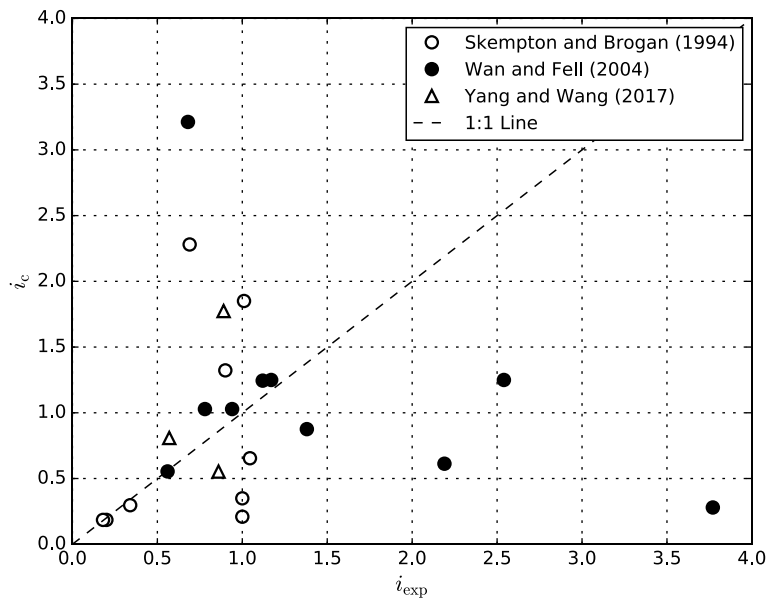
752  
 753 Theoretical and laboratory values for the hydraulic gradient required to create sand boils are  
 754 compared in Figure 7, in which  $i_c$  is based on the theory developed in Section 2.3 in the case  
 755 of sediment transport following fluidization of non-cohesive soils (sand boils) and  $i_{exp}$   
 756 observations are taken from the studies of Wan and Fell (2004) (Table 5;  $i$  value at which  
 757 “extreme cloudiness” was observed, as a possible indication of the onset of sand boil  
 758 formation), Skempton and Brogan (1994) and Yang and Wang (2017) (Table 7). It should be  
 759 noted that images of Skempton and Brogan (1994) and Yang and Wang (2017) experiments  
 760 identify individual sand boils and therefore we consider that their results are applicable to the  
 761 theory developed in Section 2.3.

762  
 763 **Table 7.** Summary of soil properties and upward flow seepage test results of Skempton and  
 764 Brogan (1994) and Yang and Wang (2017).

Test no.	Particle density, $\rho_s$ (kg/m <sup>3</sup> )	$d_{10}$ (mm)	$d_{15}$ (mm)	$d_{50}$ (mm)	Porosity, $n$	Hydraulic gradient, $i_{exp}$	Reference
S1	2650	0.089	0.095	0.149	0.490	0.69	Skempton and Brogan (1994)
S2	2650	0.220	0.259	0.501	0.460	0.90	
S3	2650	0.106	0.123	0.233	0.380	1.01	
F	2650	0.716	0.745	0.801	0.400	1.05	
A	2650	0.181	0.600	3.854	0.340	0.20	
AF	2650	0.181	0.600	3.854	0.340	0.18	
B	2650	0.485	0.900	3.854	0.370	0.34	
C	2650	0.662	0.980	3.854	0.375	1.00	
D	2650	1.080	1.600	4.137	0.365	1.00	Yang and Wang (2017)
B	2650	0.175	0.189	0.280	0.420	0.89	
C	2650	0.708	0.806	1.170	0.410	0.86	
G	2650	0.298	0.407	3.710	0.400	0.57	

765

766 The assumptions used in calculating  $i_c$  are: (1) fine particles transport through vertical  
767 preferential pathways, (2) Tables 5 and 7 provide soil properties (i.e.,  $\rho_s$ ,  $d_{10}$ ,  $d_{15}$ ,  $d_{50}$ , and  $n$ )  
768 and soil particles are spherical in shape, (3) the water properties are constant i.e.,  $\rho_f = 10^3 \text{ kg/m}^3$ ,  
769 and  $\mu = 10^{-3} \text{ Pa}\cdot\text{s}$ , (4) the maximum size of moving particles is equal to  $d_{10}$ , (5) the vertical  
770 preferential pathway has a circular cross-section (pipe) and the diameter of the pipe ( $D_P$ ) should  
771 be bigger than the maximum size of moving particles (i.e.,  $d_{10}$ ), here assumed  $D_P = d_{15}$ . In other  
772 words,  $d_{15}$  is the initial pipe size at the start of sand boil allowing to particles with  $d_{10}$  pass  
773 through, (6) equation (7) is used to calculate  $V_T$  where  $d = d_{10}$ , (7)  $Re$  is calculated by equation  
774 (2) where  $L = D_P$ ,  $U = V_P$ , and  $V_P = V_T$ , and (8) equation (13) is used to calculate  $i_c$  where  $f =$   
775  $64/Re$  ( $Re < 2320$  indicating laminar pipe flow).



776

777 **Figure 7.** Comparison between hydraulic gradients required to form sand boils using the  
778 theory of Section 2.3 ( $i_c$ ) and the experiments of Skempton and Brogan (1994), Wan and Fell  
779 (2004) and Yang and Wang (2017) ( $i_{exp}$ ).

780



781 Using  $d_{10}$  as the maximum size of moving particle and  $d_{15}$  as the minimum pipe diameter  
782 (assumptions 4 and 5, respectively) provides the best agreement between theoretical ( $i_c$ ) and  
783 experimental ( $i_{exp}$ ) hydraulic gradients required to form sand boils. Figure 7 shows that  
784 approximately 32% of the experimental values ( $i_{exp}$ ) are well predicted by theory with less than  
785 13% difference, but otherwise, the match is poor. Clearly, the theory underpinning  $i_c$  (as  
786 described above) does not account for processes that are precursors to sand boil (and boiling  
787 sand) formation. This is discussed in more detail in the following section.

788

#### 789 **4. Discussion**

790

791 Comparison can be made between the hydraulic gradients required to initiate heave (i.e.,  
792 Terzaghi's (1922)  $i_c$ , although lower hydraulic gradients may create hydraulic fracturing;  
793 Section 2.3.1) and those associated with suffusion (i.e.,  $i_{suf}$ ; Figure 3). Equation (12) is applied  
794 to obtain estimates of  $i_c$  with  $\gamma_f = 9.8 \text{ kN/m}^3$  and noting that the two values of  $n$  in Table 3  
795 equate to  $\gamma_s$  values of 21.14 and 21.79  $\text{kN/m}^3$  for  $n = 0.3$  and 0.26, respectively (assuming  $\rho_s =$   
796  $2650 \text{ kg/m}^3$  and  $\rho_f = 1000 \text{ kg/m}^3$ ). Thus, the value of Terzaghi's (1922)  $i_c$  for double-staggered  
797 ( $n = 0.30$ ) and pyramidal/tetrahedral ( $n = 0.26$ ) packing arrangements is 1.16 and 1.22. For the  
798 same values of  $n$ ,  $i_{suf}$  in Figure 3 varies from around 0.6 (the lowest value on the dashed line  
799 with square markers where  $d_p = 0.25 \text{ mm}$ ) to 8.6 (the highest value on the dashed line with  
800 circle markers where  $d_p = 0.0625 \text{ mm}$ ). Assuming that Terzaghi's (1922)  $i_c$  causes heave (i.e.,  
801  $i_c$  equal to 1.16 and 1.22), then heave theoretically occurs at hydraulic gradients that are lower  
802 than all  $i_{suf}$  values in Figure 3 (i.e., for all values of  $d$ ) for the three packing arrangements that  
803 produce the largest pore spaces (i.e.,  $d_p = 0.225d$  to  $0.414d$ ). This seems prima facie to  
804 contradict the combined experimental findings of Wan and Fell (2004), who noticed suffusion  
805 prior to boiling and without reporting that any heave occurred. However, theoretical  $i_{suf}$  values

806 used in the current study are those that require the largest particles capable of fitting through  
 807 pore spaces to mobilise, and therefore, the first signs of suffusion should occur at gradients less  
 808 than theoretical  $i_{\text{suf}}$  values. In reality, suffusion likely precedes heave, given that smaller  
 809 particles require lower  $V_T$  values (Table 2) and therefore lower  $i_{\text{suf}}$ . However, heave is probably  
 810 the precursor to the development of sand boils where there is no pre-existing defect (e.g., crack,  
 811 root hole, animal burrow) in the soil layer, because the hydraulic gradient required for initial  
 812 particle movement (Figure 3) generally exceeds Terzaghi's (1922)  $i_c$ , as discussed above.

813  
 814 Intuitively, boiling sand probably occurs at higher hydraulic gradients relative to isolated sand  
 815 boils. Notwithstanding the general concepts discussed above, the sequence of sediment  
 816 transport processes accompanying high upward hydraulic gradients is likely to differ depending  
 817 on specific circumstances. This is reflected in the summary of comparisons between hydraulic  
 818 gradients required to initiate sand boils and boiling sand ( $i_c$ ) and suffusion ( $i_{\text{start}}$ ), and Terzaghi's  
 819 (1922)  $i_c$ , given in Table 8.

820

821 **Table 8.** Summary of literature comparing critical hydraulic gradients for different forms of  
 822 subsurface sediment transport based on theory and experiments.

Laboratory experiments	Results	Comments
Skempton and Brogan (1994)	$i_c \sim \text{Terzaghi's (1922) } i_c$	Sand boil, internally stable soils
	$i_c \sim 1/3 \text{ to } 1/5 \text{ Terzaghi's (1922) } i_c$	Sand boil, internally unstable soils
Wan and Fell (2004)	$i_{\text{start}} < \text{Terzaghi's (1922) } i_c$	Suffusion, for all internally unstable and many internally stable soils
	$i_c > \text{Terzaghi's (1922) } i_c$	Sand boil, internally stable soils
	$i_c < \text{Terzaghi's (1922) } i_c$	Sand boil, internally unstable soils
	$i_c > \text{Terzaghi's (1922) } i_c$	Boiling sand, for all internally stable and many internally unstable soils
Ahlinhan and Achmus (2010)	$i_{\text{start}} \sim \text{Terzaghi's (1922) } i_c$	Suffusion, internally stable soils
	$i_{\text{start}} \sim 1/3 \text{ to } 1/5 \text{ Terzaghi's (1922)}$	Suffusion, internally unstable soils
Yang and Wang (2017)	$i_c \sim \text{Terzaghi's (1922) } i_c$	Sand boil, internally stable soils
	$i_c \sim 1/2 \text{ Terzaghi's (1922) } i_c$	Sand boil, internally unstable soils

823

824 Once sand boils form, the hydraulic gradients required to transport sand vertically upwards is  
825 expected to fall, because suffusion and heave, the precursors to sand boils, require higher  
826 hydraulic gradients (compare Figure 4 with both Figure 3 and Terzaghi's (1922)  $i_c$  values of  
827 1.16 and 1.22 described above). The interplay between hydraulic gradients and the formation  
828 of preferential flow pathways (e.g., sand boil pipes), shown conceptually in Figure 5, indicates  
829 that sand boil pipe formation in cohesive layers increases significantly the hydraulic gradients  
830 in non-cohesive sediments, while reducing the hydraulic gradients acting within underlying or  
831 overlying cohesive sediments. The same behaviour may not occur in homogeneous non-  
832 cohesive sediment bodies, because preferential pathways do not necessarily modify hydraulic  
833 gradients in undisturbed sediment, at least in theory (Figure 5A). Combining these concepts, it  
834 would appear that sand boil pipes may be stable features where the source of sand and upward  
835 flow are continuous, because hydraulic gradients may increase in sand bodies subsequent to  
836 their formation, and yet sediment transport in pipes requires smaller hydraulic gradients than  
837 that needed for suffusion and heave. However, the sequence of suffusion, heave, pipe formation  
838 and sand boil occurrence, and the hydraulic gradients needed for each requires further  
839 experimental analysis.

840

841 The subsurface sediment transport conceptual diagrams illustrated in Figure 1 can be extended  
842 by considering the situation of relatively fine, non-cohesive sediment (e.g., silt, fine sand)  
843 overlying coarse, non-cohesive sediment (e.g., medium or coarse sand). This is illustrated in  
844 Figure 5c. Natural occurrences of this conceptual model include the widespread situation of  
845 groundwater discharge through coarse bed sediments of the sea floor or terrestrial water bodies,  
846 and the scenario of event-deposition of fine sediment due to floodwater sediment transport  
847 (freshwater bodies) and littoral transport (ocean). The hydraulic gradients required to cause  
848 suffusion, heave and/or sand movement through boil pipes are higher for coarser-grained

849 materials. Therefore, it is plausible that fine particles deposited over coarse-grained sediments  
850 will be mobilized (i.e., they become fluidized) even though the underlying base material  
851 remains stable. The likelihood of this phenomenon is increased by the effect of an upper, lower-  
852  $K$  layer on the hydraulic gradient distribution (Figure 5C), considering equations (15) and (16).  
853 It follows that regions of groundwater discharge through coarse-grained materials in the beds  
854 of surface water bodies may act to enhance littoral transport and suspended sediment loads  
855 relative to regions where upwelling groundwater is absent. This is exemplified by field studies  
856 of Duncan (1964) and Grant (1948) who demonstrate this phenomenon through the impact of  
857 groundwater infiltration/exfiltration on swash sediment transport. Further research effort is  
858 warranted to evaluate the occurrence and influence of the conceptual model of Figure 5c.

859

860 Whereas the analysis presented in this review adopts idealistic materials (e.g., uniform grain  
861 sizes), Sherard et al. (1984) approximate  $d_P = 0.11d_{15}$  for well-sorted materials. Assuming  $d_P$   
862  $= 0.11d_{15}$ , it is possible to recalculate  $i_{\text{suf}}$  for natural (albeit well-sorted) materials. For example,  
863 for test 9 (Table 5),  $i_{\text{suf}}$  is equal to 0.03 when  $d_P = 0.11d_{15}$  is assumed, while minimum and  
864 maximum values of  $i_{\text{suf}}$  are 0.13 and 0.28 with  $d_P = 0.155d_{50}$  and  $d_P = 0.414d_{50}$ , respectively.  
865 The corresponding measured value for  $i$  (“initial loss of fines” in Table 5) was reported by Wan  
866 and Fell (2004) as 0.14. This shows that for natural materials, we expect that suffusion likely  
867 involves significantly smaller ejected particles than those reported in the analysis for uniform  
868 particles.

869

870 Our review finds significant knowledge gaps in the field of subsurface sediment transport. For  
871 example, few field-scale studies have been undertaken to quantify suffusion, heave, hydraulic  
872 fracturing and sand boil processes, despite that these features are encountered in a wide range  
873 of situations. The contribution of subsurface sediment transport to littoral transport and the

874 suspension of sediment in open water bodies has not been previously assessed, with the  
875 exception of swash-zone processes. The effect of vegetation on sand boil formation has not  
876 been considered, even though the subsurface structures of roots are known to impart significant  
877 geomechanical forces (e.g., Zhou and Qi, 2019). Another factor that may influence the  
878 formation of voids (and perhaps preferential pathways) and subsurface sediment movement is  
879 gas ebullition, which to the best of the authors' knowledge has not been studied previously in  
880 the context of subsurface sediment transport, although the mechanisms leading to the formation  
881 of bubbles in springs and wells have been explored (e.g., Agnew and Halihan, 2018). More  
882 generally, the processes accompanying vertical subsurface sediment transport under  
883 heterogeneous conditions is largely unstudied, including relationships between heterogeneities  
884 and the formation of preferential flow paths. A rare attempt to manipulate subsurface sediment  
885 transport was reported by de Louw et al. (2013), who attempted to seal sand boils in the  
886 Haarlemmermeer and Noordplaspolders (The Netherlands). They found that the cessation of  
887 flow in one boil led to rapid hydraulic gradient increase across the low- $K$  confining unit, an  
888 increase in flow in other boils, and the formation of new boils, to varying degrees in several  
889 attempts at sealing saline boils in agricultural areas. These observations are consistent with  
890 conceptual modelling undertaken as part of the current study (Figure 5), in relation to the effect  
891 of preferential flow paths on low- $K$  layers. Further research is warranted into intervening  
892 engineering measures designed to modify situations involving subsurface sediment transport  
893 through preferential flow paths. This is especially important in the face of projected sea-level  
894 rise, which is likely to exacerbate these phenomena in the coming decades due to changing  
895 head differences between the ocean and land. Additional evaluation of the importance of subsea  
896 boils in submarine groundwater discharge (SGD) is also warranted given that the predominance  
897 of SGD analyses neglect boil formation and flow (e.g., Moore, 2010; Konikow et al., 2013).  
898 More generally, physics-based modelling of the various phenomena leading to the liberation

899 of sediment from the subsurface is warranted to unravel the influence of a wider range of factors  
900 than has been previously considered, and to build on the rudimentary functions based on simple  
901 force equilibria that are commonly adopted in practical applications (e.g., FEMA, 2015), and  
902 that are presented in the current article.

903

## 904 **5. Conclusions**

905

906 The current study evaluates different forms of vertical sediment transport in the subsurface  
907 through literature review and manipulation of previous theory. Subsurface sediment transport  
908 is a common phenomenon that is generally overlooked in the assessment of hydrological  
909 processes within catchments, sea and lake beds, and other areas within which groundwater  
910 discharge is expected. Rather, the primary foci of prior quantitative analyses of subsurface  
911 sediment transport are linked to engineered hydraulic structures. The various forms through  
912 which sediment may be liberated from the subsurface through groundwater discharge can be  
913 categorized into two groups: (1) suffusion, and (2) sand transport through preferential  
914 pathways. Sub-categories of (2) include: (a) point discharge caused by preferential flow  
915 through cohesive layers, (b) point discharge caused by preferential flow through non-cohesive  
916 sediment, and (c) dispersed discharge giving the appearance of boiling sand. Previous studies  
917 do not distinguish between the initial causes and driving processes associated with (a), (b) and  
918 (c), warranting further research effort.

919

920 Expressions are developed for the force balance at which upwards movement of subsurface  
921 sediment is expected to occur within each of the conceptual models described above, except  
922 the “boiling sand” category, which remains largely uncharacterised. Theories for the onset of  
923 sediment movement are described, based on parsimonious conceptual models and several

924 simplifying assumptions, and incorporating existing theory related to piping failure (e.g., of  
925 earthen structures), soil fluidization and soil heave. Groundwater flow in a selection of simple  
926 conceptual models is simulated using numerical modelling to demonstrate subsurface flow  
927 patterns associated with idealised boil structures, and critical changes to subsurface head  
928 distributions that arise with the onset of preferential flow or with the addition of overlying low-  
929 *K* layers. For example, the deposition of a layer of fine-grained material onto a region of  
930 groundwater discharge through coarse-grained sediment will create enhanced hydraulic  
931 gradients in the deposited material, increasing the likelihood that the fine-grained sediment is  
932 fluidized. Estimates of critical hydraulic gradients that lead to subsurface sediment transport  
933 are compared to available observations from previous laboratory experiments to test the  
934 validity of existing theory and the formulae developed within the current study. While  
935 suffusion appears more or less predictable using simple methods, the conditions leading to sand  
936 boils (and boiling sand) were poorly matched to theory.

937

938 The study of subsurface sediment transport requires additional effort to understand the  
939 mechanisms that lead to the liberation of sediment from preferential flow paths. While heave  
940 of cohesive sediments in a known precursor to sand boils, it is likely that heave is also required  
941 for preferential pathways to form in homogeneous, non-cohesive sediment bodies. Mismatch  
942 between theory and experimental results for the formation of boils in non-cohesive sediments  
943 perhaps indicates that heave in non-cohesive bodies requires hydraulic gradients that exceed  
944 those predicted by classic fluidization theory. This hypothesis should be tested using additional  
945 experimental work, which should also assess the occurrence of suffusion, heave and sand boils  
946 in heterogeneous media.

947

948 The results presented in this study are expected to have wide-ranging applications in terms of  
949 sediment transport in coastal regions and surface water bodies, where groundwater discharge  
950 occurs. While there is mismatch between theory and measurements when hydraulic gradients  
951 are high, the simple theory of the current article nonetheless offers a framework for at least  
952 initial estimates of the onset of sediment movement in discharging groundwater. Additionally,  
953 the current theory may be extended to the study of the transport of other particulate matter,  
954 including micro-plastics and biological particles, including faecal bacteria, which are released  
955 from aquifers and may contaminate the drinking water supplies of surface storages (e.g., Frank  
956 et al., 2018).

957

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959

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965

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