



Caring Futures Institute

Creating better lives through research



Charting our path to better care
for all Australians



Charting our path to better care for all Australians

Published by Flinders University

Available online from <https://doi.org/10.25957/c2gr-4r49>

© 2024 Flinders University

This brief and its contents may be reproduced without modification for any purpose, with proper attribution of the original publication, under the [Creative Commons Attribution NoDerivatives](#) licence.

16 May 2024

Suggested Citation

Golley RK, Middleton G, Lawless MT, Anastasi L, Kitson AL, & Chan RJ. Charting our path to better care for all Australians. 2024. Flinders University. <https://doi.org/10.25957/c2gr-4r49>

Charting our path to better care for all Australians



Caring Futures Institute

Creating better lives through research

1



PRE-FORUM SURVEY

- Content analysis of stakeholder websites
- Stakeholder survey

Flinders Caring Futures Institute engaged over 30 stakeholders across the nation to co-design a set of ambition statements to chart a course for better care across health, aged care and social systems in Australia.

2



NATIONAL FORUM

- World Cafe process
- Ambition statement activity

The five care ambitions, and arising actions are a True North statement to guide collective decisions and actions to shape care policies, systems, culture and services to ensure effective, dignified, meaningful, and accessible care for all Australians across every stage of life.

3



DELPHI SURVEY

- Delphi survey rounds
- Generation of final ambition statements and actions



Health, aged and social care systems are underdelivering

Health, aged and social care systems globally face escalating demands to deliver efficient, safe, high-quality, and complex care that meets the diverse and personalised needs of individuals and communities.

Existing care systems were not designed to fulfill these contemporary objectives. Decision-makers, frontline care professionals, communities, and individuals are calling for transformative system and policy change to prioritise a human-centred approach.

Engaging with thought leaders and stakeholders in care delivery is essential for driving meaningful change in health and care systems across Australia.

Creating a consensus on the future of care has the potential to bring about significant reform in health, ageing and care policy, benefiting providers and recipients of care.

Our mission is to generate new ways of talking about and tackling old problems.

Charting a course to better care

In 2022, Flinders Caring Futures Institute held the Care Ambition 2030 forum to co-design a True North statement with key stakeholders across the nation. The intent of this unifying statement was to chart a course for collective action and drive the future of care within our policies, systems and communities in Australia.

Our ambitions for the future of care

Through engaging with stakeholders in this multi-phase co-design process, we generated **5 ambition statements** to drive better care and caring for Australia.

Ambition 1: A culture of care

A **culture of care** embracing relational, physical, psychosocial, spiritual and cultural dimensions of health and wellbeing, where consumers, their friends and family carers are acknowledged as experts and active partners in care.

Ambition 2: Consumer experience of health and social care

Empowered, informed and respected consumers who can easily and equitably access information and services, participate in their care in accordance with their preferences, culture and values, provide feedback on their experiences through appropriate measures and be involved in co-designing educational and system improvements supported by a comprehensive care team.

Ambition 3: A caring and cared for health and social care workforce

A skilled, empowered, and **valued health and social care workforce** that is appropriately respected, remunerated and valued, working to a standard of excellence facilitated by policies and systems, strong leadership, professional networks and career pathways.

Ambition 4: Technology to support health and social care

Health and Social Care systems that **leverage the benefits of technology** for efficient, effective and accessible care, and improved communication and collaboration between care providers and consumers.

Ambition 5: Learning health and care systems

Intentional learning health and social care systems that meet the self-identified needs of diverse communities by providing co-designed and tailored care access, navigation, continuity and integration, sensitive to geography and place of care.

We invite all care stakeholders to use this True North statement and its ambitions to guide decision making, policy and strategy development. By working collectively across health, aged and social care systems we can redefine and reshape care in Australia, charting a future of better outcomes for individuals, families, communities, and the care workforce.

To join us in our mission, contact caringfutures@flinders.edu.au
For more information, visit www.flinders.edu.au/caring-futures-institute



Caring Futures Institute

Creating better lives through research

STAY UPDATED

For more information about the vision of the Caring Futures Institute and the cutting edge research projects already underway or to get involved, visit our website at flinders.edu.au/caringfuturesinstitute

 /flindersuniversity

 @flindersuniversity

 @flinders

 flindersuniversity

 flinders.edu.au